

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

APRIL 2021

HAPPY EASTER!



9:15 A Morning Mosey 4
10:00 Coffee on the Patio
11:30 Alice in Easterland Special Sunday Brunch Event
12:30 Trivia & Easter Egg Hunt
1:30 Gift Baskets & Prizes
3:00 Discussion: Stories of Easters Past
4:00 Twilight Saunter
5:30 Easter Parade (1948)
 Easter Sunday

9:15 Neighborhood Exploration 5
9:30 Sparkling Juice Bar
 10:30 Weight Training
1:00 Bingo Tournament
 2:00 Hatha Yoga
 2:30 Breathing Techniques
3:00 Watercolor: Instruments of India
 4:00 Evening Stroll
5:30 Mobster Monday Presents: Scarface

9:15 Walk & Roll Cul-de-sac Crew 6
9:30 Chai Tea Room
 10:30 Volleyball Match
1:00 Rummikub
 2:00 Endurance Workout
 2:30 Meditation & Mindfulness
 3:00 **Artists and Craftsmen**
 4:00 Pre-Dinner Promenade
5:30 That's A Laugh Tuesday: Duck Soup

9:15 Evergreen Street Stroll 7
9:30 Chai Tea Room
 10:30 On the Edge of Your Seat: Chair Dancing
1:00 Bingo Tournament
 2:00 Low Impact Leg Lifts
 2:30 Practicing Mindfulness
3:00 Sewing Circle: Beaded Hankies
 4:00 Walk It Off Wednesdays
5:30 Western Wednesday Movie: Audience Choice

9:15 Post-Breakfast Promenading 8
9:30 Hot Cocoa Bar
 10:30 Staying Active Routine
1:00 Scrabble Tournament
 2:00 Pre-Drinks Calorie Burn
2:30 Happy Hour & Comedy
 4:00 Whistle While You Walk
5:30 Theater Thursday: Passage to India
 April Fools' Day
 Happy Birthday Joan C!

9:15 Morning Stroll 9
9:30 Green Thumb Club
 10:30 HASFit Workout
1:00 Bingo Tournament w/ Carol
 2:00 Marching in March
3:00 "What Would You Do?" Game
 4:00 Afternoon Ambulation
5:30 Movie Roulette: Audience Choice
 Good Friday

9:15 Talk About the Weather Walk 10
10:00 Current Events Cafe
 10:30 Cardio Over Carbs
1:00 Bingo Tournament w/ Carol
 2:00 HASFit Low Impact
3:00 Art Appreciation: Maqbool Fida Husain
 4:00 Strut Your Stuff!
5:30 Musical Saturdays: My Fair Lady

9:15 A Morning Mosey 11
9:30 Prayer Services
 11:00 TED Talk
1:00 Billiards & Checkers Tournament
 1:30 Cinnamon Hot Cocoa
2:00 Sweat to Standards
2:30 India Travel Club Presents: The Best Exotic Marigold Hotel
 4:00 Twilight Saunter

9:15 Neighborhood Exploration 12
9:30 Garden Café
 10:30 Motown Monday Exercise
1:00 Bingo & Billiards Hour
 2:00 Stretch Band Resistance
 2:30 Meditation to Mindfulness
3:00 Acrylics: Moon Pendants
 4:00 Evening Stroll
5:30 Mobster Monday Presents: Leon The Professional
 Ramadan Begins

9:15 Walk & Roll Cul-de-sac Crew 13
9:30 Garden Library
 10:30 Badminton
1:00 Scrabble Tournament
 2:00 HASFit Endurance Workout
 2:30 Cool Down with Meditation
3:00 Pen-Pal Club: Cards with Jokes
 4:00 Pre-Dinner Promenade
5:30 That's A Laugh Tuesday: The Naked Gun
 Happy Birthday Evelyn G!

9:15 Evergreen Street Stroll 14
9:30 John Wayne Coffee Hour
 10:30 Step It Up!
1:00 Bingo & Billiards Hour
 2:00 Torso Twists
 2:30 Breathing Techniques
 3:00 **Resident Council Meeting**
 4:00 Walk It Off Wednesdays
5:30 Western Wednesday Movie: Audience Choice

9:15 Post-Breakfast Promenading 15
9:30 Classical Music Green House
 10:30 Move That Body!
1:00 Resident Council Meeting
 2:00 "Will Work For Wine" Calorie Burn
2:30 Happy Hour & Comedy
 4:00 Frolic About the Block
5:30 Theater Thursday: The Secret Garden

9:15 Morning Stroll 16
9:30 Mocha Bar
 10:30 HASFit Endurance Training
1:00 Bingo Tournament w/ Carol
 2:00 Step It Up
3:00 Colorful Origami
 4:00 Afternoon Ambulation
5:30 Movie Roulette: Audience Choice

9:15 Talk About the Weather Walk 17
10:00 Current Events Cafe
 10:30 Cardio Over Carbs
1:00 Bingo Tournament w/ Carol
 2:00 HASFit Low Impact
3:00 Trivia Hour
 4:00 Strut Your Stuff!
5:30 Musical Saturdays: All That Jazz

9:15 A Morning Mosey 18
9:30 Prayer Services
 11:00 TED Talk
1:00 Billiards & Checkers
 1:30 Mulled Cider
 2:00 Let's Burn Some Calories!
2:30 India Travel Club Presents: Slumdog Millionaire
 4:00 Twilight Saunter
 Happy Birthday Hae Ran D!

9:15 Neighborhood Exploration 19
9:30 Sparkling Juice Bar on Patio
 10:30 Weight Training
1:00 Bingo Tournament
 2:00 Hatha Yoga
 2:30 Breathing Techniques
 3:00 **Watercolor: Elephants**
 4:00 Evening Stroll
5:30 Mobster Monday Presents: Road House

9:15 Walk & Roll Cul-de-sac Crew 20
9:30 Chai Tea Room
 10:30 Volleyball Match
1:00 Bingo & Billiards Hour
 2:00 Endurance Workout
 2:30 Peace of Mind Meditation
 3:00 **Artists and Craftsmen**
 4:00 Pre-Dinner Promenade
5:30 That's A Laugh Tuesday: Zoolander

9:15 Evergreen Street Stroll 21
9:30 Spiced Chai Tea Bar
 10:30 On the Edge of Your Seat: Chair Dancing
1:00 Bingo Tournament
 2:00 Leg Lift Exercises
 2:30 Practicing Mindfulness
3:00 Sewing Circle: Colorful Crochet
 4:00 Walk It Off Wednesdays
5:30 Western Wednesday Movie: Audience Choice

9:15 Post-Breakfast Promenading 22
9:30 Hot Cocoa Bar
 10:30 Staying Active Routine
1:00 Crazy Eights & Gin Rummy Hour
 2:00 Pre-Drinks Calorie Burn
2:30 Happy Hour & Comedy
 4:00 Whistle While You Walk
5:30 Theater Thursday: Life of Pi
 Earth Day

9:15 Morning Stroll 23
9:30 Green Thumb Club
 10:30 HASFit Workout
1:00 Bingo Tournament w/ Carol
 2:00 Marching in March
3:00 "What Would You Do?" Game
 4:00 Afternoon Ambulation
5:30 Movie Roulette: Audience Choice

9:15 Talk About the Weather Walk 24
9:30 Garden Library
 10:30 Cardio Over Carbs
1:00 Bingo Tournament w/ Carol
 2:00 HASFit Low Impact
3:00 Art Appreciation: Indian Deities
 4:00 Strut Your Stuff!
5:30 Musical Saturdays: La La Land

9:15 A Morning Mosey 25
9:30 Prayer Services
11:00 TED Talk
1:00 Billiards & Checkers Tournament
 1:30 Hot Cocoa Bar
 2:00 Sweat to Standards
2:30 India Travel Club Presents: Darjeeling Limited
 4:00 Twilight Saunter

9:15 Neighborhood Exploration 26
9:30 Garden Café
 10:30 Motown Monday Exercise
1:00 Poker & Billiards Hour
 2:00 Stretch Band Resistance
 2:30 Meditation to Mindfulness
3:00 Coloring: Mandalas
 4:00 Evening Stroll
5:30 Mobster Monday Presents: Dick Tracy
 Happy Birthday D'Lauren K!

9:15 Walk & Roll Cul-de-sac Crew 27
9:30 Garden Library
 10:30 Badminton
1:00 Bingo & Billiards Hour
 2:00 HASFit Endurance Workout
 2:30 Meditation & Mindfulness
3:00 Pen-Pal Club: Scrapbooking Mementos
 4:00 Pre-Dinner Promenade
5:30 That's A Laugh Tuesday: Young Frankenstein

9:15 Evergreen Street Stroll 28
9:30 John Wayne Coffee Hour
 10:30 Step It Up!
1:00 Bingo Tournament
 2:00 Torso Twists
 2:30 Breathing Techniques
3:00 Indian Beads Jewelry Making
 4:00 Walk It Off Wednesdays
5:30 Western Wednesday Movie: Audience Choice

9:15 Post-Breakfast Promenading 29
9:30 Classical Music Cafe
 10:30 Sweat to Standards
1:00 Bingo & Billiards Hour
 2:00 Pre-Drinks Calorie Burn
2:30 Happy Hour & Comedy
 4:00 Whistle While You Walk
5:30 Theater Thursday: Aladdin

9:15 Post-Breakfast Promenading 30
9:30 Mocha Bar
 10:30 Sweat to Standards
1:00 Bingo Tournament w/ Carol
 2:00 Pre-Drinks Calorie Burn
3:00 Arbor Day Planting Hour
 4:00 Whistle While You Walk
5:30 Movie Roulette: Audience
 Arbor Day
 Happy Birthday Barbi M!

