| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | 9:30 La Monarca Mexican Pastry Sampling & Cafe de Olla! 10:30 Chair Aerobics 11:00 TED Talks & Discussion 12:45 UNO & Crazy Eights 2:00 Book Club: 2:30 Tai Chi Class w/ Ralph 3:30 Arts & Crafts: Painted Sugar Skulls 5:30 El Mariachi (1992) | 9:30 Dia de los Muertos Cafecito & Loteria! 10:30 Candy Skull Volleyball Match 11:00 Mexican Folklore: Artesanias 12:45 Bingo Tournament 2:00 Resident Outing (1-3 PM) 3:00 Dia de los Muertos Memorial & Potluck 4:00 Riverside Walk 5:30 Coco (2017) | 9:30 John Wayne Coffee & Cowboy Cookies 10:30 High Impact Aerobics 11:00 TED Talks & Discussion 12:45 Board Game Bonanza 2:00 Cardio Burn 2:30 Trivia w/ Prizes 3:00 Floral Arrangements 4:00 Autumn Stroll 5:30 Spaghetti Western Movie Roulette | 9:30 Hot Cocoa Bar 10:30 Musical Yoga 11:00 Food Committee Meeting 12:45 Poker & Crazy Eights 2:00 Quizball 2:30 Nordic Viking Culture 101 3:00 Happy Hour: Wine Tasting 5:30 Director Spotlight: Steven Spielberg Movie: The Terminal (2004) | 9:30 Classical Music Cafe 10:30 Golden Era Exercise Class 11:00 Weekly Sports Recap 12:45 Bingo Tournament 2:00 Volleyball Match 3:00 Afternoon Matinee & Fruit Bar 4:00 Evening Exploration 5:30 True Crime Evening Series | 9:30 Comedy Club Tea Room 10:30 Morning Mosey 11:00 Bible Study Group 12:45 Bingo Tournament 2:00 Resident Council Election Day Results & Mocktail Hour 3:00 Adult Coloring: Pilgrims 4:00 Musical Therapy |
| 9:30 Cinnamon Latte Lounge 10:30 Quizball 11:00 Current News (Living Room) Virtual Sermon (3rd Floor) 12:45 Bingo w/ Hot Cocoa 2:00 Wellness Hour: Massages 3:00 Sunday Funday Jigsaw Puzzles & Foosball 4:00 Neighborhood Exploration Daylight Saving Time Ends | 9:30 Comedy Cafe 10:30 Motown Monday Exercise 11:00 Current News Discussion 12:45 Poker & Billiards 2:00 Book Club: 2:30 Tai Chi Class w/ Ralph 3:30 Watercolors: Fall Scenery 4:00 Walk & Roll Stroll 5:30 M is for Monday Movies: Meet Me in St Louis (1944) | 9:30 Opera Tea Lounge 10:30 Badminton Match 11:00 Bizarre Inventions Discussion 12:45 Scrabble Tournament 2:00 Resident Outing (1-3 PM) & The Musical Wonders of JD Sebastian Cocktail Hour 3:30 Open Mic 4:00 Afternoon Ambulation 5:30 That's A Laugh Tuesday Movie: Naked Gun 33 1/3 (1994) | 9:30 Travel Club: Iceland's Northern Lights Cafe 10:30 Chair Dancing 11:00 Current News Discussion 12:45 Bingo & Billiards 2:00 Memory Match Trivia w/ Jackie L! 3:00 Autumn Picture Frame Art 4:00 Patio Gardening 5:30 Western Wednesday Series: Residents' Choice | 10:30 Volleyball Match 11:00 What Would You Do? Court Cases 12:45 Bingo Tournament w/ Fountain Drink Bar 2:00 Floral Arrangements 2:30 Trivia w/ Prizes 3:00 Happy Hour: Icelandic Vodka Sodas & Mocktails 5:30 The Twilight Zone (1983) | 9:30 Gratitude Cafe 10:30 Golden Era Exercise Class 11:15 Weekly Sports Recap 12:45 Bingo Tournament 2:00 Cycling 3:00 Afternoon Matinee & Cheese or Butter Popcorn 4:00 Walk It Off 5:30 Director Spotlight: Steven Spielberg Movie: Bridge of Spies (2015) | 9:30 Jazz Cafe 10:30 Talk About the Weather Walk 11:00 Bible Study Group 12:45 Bingo Tournament 2:00 Cycling 2:30 Brain Teasers 3:00 Afternoon Matinee & Veggies w/ Hummus |
| 9:30 Claude Monet Cafe 10:30 High Impact Chair Aerobics 11:00 Stocks Review (Living Room) Virtual Sermon (3rd Floor) 12:45 Gin Rummy w/ Hot Cocoa 2:00 Wellness Hour: Hand Care 3:00 Art Appreciation: Perception Painting 4:00 Sunday Saunter | 9:30 Jazz Cafe 10:30 Volleyball Match 11:00 TED Talks & Discussion 12:45 Bingo Tournament 2:00 Book Club Meeting 2:30 Tai Chi Class w/ Ralph 3:30 Acrylics: Q-Tip Autumn Trees 4:00 Fall Promenade 5:30 M is for Monday Movies: Man Who Would Be King (1975) | 9:30 Travel Club: Iceland's Northern Lights Cafe 10:30 Weight Training 11:00 Current News Discussion 12:45 Bingo & Billiards 2:00 Resident Outing (1-3 PM) 3:00 Fall Flower Pens 4:00 Riverside Walk 5:30 That's A Laugh Tuesday Movie: Idiocracy (2005) | 9:30 Wild Western Saloon 17 10:30 Chair Dancing 11:00 TED Talk & Discussion 12:45 Bingo Tournament 2:00 Cardio Burn 2:30 What Would You Do? Court Cases 3:00 Floral Arrangements 4:00 Autumn Stroll 5:30 Spaghetti Western Movie Roulette | 9:30 Cinnamon Latte Lounge 10:30 Quizball 11:00 World Philosophy Day's Philosophy 101 & Discussion 12:45 Bingo Tournament 2:00 Resident Council Meeting 3:00 Happy Hour: Icelandic Beers 5:30 Director Spotlight: Steven Spielberg Movie: Duel (1971) | 9:30 Comedy Cafe 10:30 Golden Era Exercise Class 11:15 Weekly Sports Recap 12:45 Bingo Tournament 2:00 Badminton 3:00 Afternoon Matinee & Fruit Bar 4:00 Evening Exploration 5:30 True Crime Evening Series | 9:30 Hot Coca Bar 10:30 Morning Mosey 11:00 Bible Study Group 12:45 Bingo Tournament 2:00 Badminton 2:30 World News Discussion 3:00 Adult Coloring: Cornucopias 4:00 Musical Therapy |
| 9:30 Travel Club: Iceland's Northern Lights Cafe 10:30 High Impact Chair Aerobics 11:00 Current News (Living Room) Virtual Sermon (3rd Floor) 12:45 Bingo w/ Hot Cocoa 2:00 Wellness Hour: Yoga & Meditation in Serenity Room 3:00 Sunday Funday Jigsaw Puzzles & Foosball 4:00 Neighborhood Exploration | 9:30 Classical Music Cafe 10:30 Motown Monday Exercise 11:00 Current News Discussion 12:45 Poker & Billiards 2:00 Book Club Meeting 2:30 Tai Chi Class w/ Ralph 3:30 Watercolors: Festive Feasts 4:00 Walk & Roll Stroll 5:30 M is for Monday Movies: Manchurian Candidate (1962) | 9:30 Comedy Club Tea Room 23 10:30 Strength Training 11:00 What Would You Do? Court Cases 12:45 Bingo Tournament 2:00 Resident Outing (1-3 PM) 3:00 Autumn Concert Series: Mark Cole Entertainment Event! 5:30 That's A Laugh Tuesday Movie: What About Bob? (1991) | 9:30 John Wayne Coffee & Southern Peach Cobbler 10:30 Quizball 11:00 History of Thanksgiving 12:45 Poker Tournament 2:00 Weight Training 2:30 Trivia w/ Prizes 3:00 Clever Crafting: Cornucopias 4:00 Patio Gardening 5:30 Western Wednesday Series Residents' Choice | 9:30 Gratitude Cafe 10:30 Chair Zumba 11:00 TED Talks & Discussion 12:45 Bingo Tournament 2:00 Floral Arrangements 2:30 Finish That Tune 3:00 Happy Hour: Spritzers 4:30 Thanksgiving Dinner Feast with Friends and Family | 9:30 Opera Tea Lounge 26 10:30 Golden Era Exercise Class 11:15 Weekly Sports Recap 12:45 Bingo Tournament 2:00 Cycling 3:00 Afternoon Matinee & Kettle Corn Popcorn 4:00 Walk It Off 5:30 Director Spotlight: Steven Spielberg Movie: The Post (2017) | 9:30 Classical Music Cafe 10:30 Talk About the Weather Walk 11:00 Bible Study Group 12:45 Bingo Tournament 2:00 Cycling 2:30 Brain Teasers 3:00 Afternoon Matinee & Veggies w/ Hummus |
| 9:30 Cinnamon Latte Lounge 28 10:30 Chair Zumba 11:00 Stocks Review (Living Room) Virtual Sermon (3rd Floor) 12:45 Crazy Eights Tournament w/ Hot Cocoa 2:00 Wellness Hour: Facials 3:00 Sunday Funday Chess & Checkers Tournament 4:00 Hanukkah Candle Lighting Hanukkah Begins | 9:30 Jazz Cafe 10:30 Volleyball Match 11:00 TED Talks & Discussion 12:45 Bingo Tournament 2:00 Book Club Meeting 2:30 Tai Chi Class 3:30 Acrylic Designs: Menorahs & Dreidels 4:00 Hanukkah Candle Lighting 5:30 M is for Monday Movies: Mildred Pierce (1945) | 9:30 Travel Club: Iceland's Northern Lights Cafe 10:30 Weight Training 11:00 Happy Birthday Mark Twain Reading & Discussion 12:45 Bingo & Billiards 2:00 Resident Outing (1-3 PM) 3:30 Floral Arrangements 4:00 Hanukkah Candle Lighting 5:30 That's A Laugh Tuesday Movie: Abbott & Costello in Hollywood (1945) | | ovem | ber 20 | 21 8 5 |