


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LUNCH Fish & Chips Coleslaw Rocky Road Pudding DINNER Chicken Pot Pie Broccoli Dinner Roll, Jello Canada Day	LUNCH Cheese Burger Sliced Watermelon Onion Rings, Cupcakes DINNER Chicken Parmesan Dinner Roll, Roasted Carrots Peaches 'n' Creme	LUNCH Florentine Quiche Dinner Roll Mixed Veggies Carrot Cake DINNER Beef Enchiladas Refried Beans Guacamole & Pico de Gallo Churro	LUNCH July 4th BBQ DINNER Creamy Pesto Chicken Pasta, Garlic Bread Veggies, Apple Pie Independence Day (US)	LUNCH Crab Cake's Corn and Black Bean Salad Fruit Parfait DINNER Pork Tenderloin Sweet Potato Mash Mixed Veggies Ambrosia Salad	LUNCH Chili Cheese Dog Mixed Fruit, Potato Salad Ice Cream DINNER Parmesan Crusted Tilapia Rice Pilaf, Asparagus Chocolate Cake
	LUNCH Grilled Cheese Tomato Soup, Chopped Fruit Fruit Pie DINNER Yankee Pot Roast Yukon Potatoes, Green Beans Brownies	LUNCH Pastrami Sandwich Dill Pickle, Potato chips Lemon Cake DINNER Teriyaki Chicken Fried Rice, Orange Slice Roasted veggies Cheesecake	LUNCH Baked Ziti, Asparagus Garlic Bread Chocolate Chip Muffins DINNER Turkey Meatloaf Honey Roasted Carrots Mashed Potatoes Blueberry Cobbler	LUNCH Sloppy Joe Tater Tots, Sliced Fruit Banana Bread DINNER Swedish Meatball Cornbread, Roasted Veggies Boston Cream Pie	LUNCH Turkey Wrap Potato Salad Cherry Pie DINNER Herb Chicken , Peas and Carrots Fruit Parfait	LUNCH Fish Tacos Red Rice, Guacamole Tres Leches Cake DINNER Homemade Chili Cornbread, Beet Salad Banana Pudding
	LUNCH Pulled Pork Sandwiches Sweet Potato Fries, Fresh Fruit Fruit Jello-O DINNER Beef Goulash Egg Noodle, Steamed Veggies Brownies	LUNCH Ruben Sandwich Fruit, Potato Salad Orange Cake DINNER Chicken Parmesan w/ Pasta Roasted Carrots Peaches N Cream	LUNCH Crab Cake, Tomato Cucumber Salad, Watermelon Cupcakes DINNER Stuffed Peppers Garlic Roll, Mac 'N' Cheese Strawberry Shortcake	LUNCH Grilled Ham & Cheese sandwich Black Bean & Corn Salad Peach Pie DINNER Teriyaki Chicken Steamed Rice, Green Beans Sliced oranges Cheese Cake	LUNCH Shrimp Scampi Green Beans, Garlic Bread Rice Pudding DINNER Chicken Pot Pie, Mixed Veggies Dinner Roll, Pumpkin Pie	LUNCH Egg Salad Croissant Onion Rings, Fresh Fruit Marble Cake DINNER Spaghetti w/ Meat Sauce Garlic Roll, Mixed Veggies Banana Pudding
	LUNCH Fish & Chips, Tartar Sauce Coleslaw, Peaches N Cream DINNER Cabbage Roll, Garlic bread Roasted Butternut Squash Peach Pie	LUNCH Chicken Salad Croissant Black Bean Corn Salad Sliced Fruit Lemon Pie DINNER Beef Ravioli, Green Beans, Dinner Roll, Strawberry Mousse	LUNCH Fried Chicken Mac n Cheese, Green Beans Chocolate Cake DINNER Baked Turkey Dinner Roll Mashed Potatoes & Gravy Pumpkin Pie	LUNCH Cheeseburgers Tater Tots, Fresh Fruit Red Velvet Cupcakes DINNER Homemade Chili Roasted Potatoes, Cornbread Cheese Cake	LUNCH BBQ Chicken Pasta Salad, Mix Veggies Boston Cream Pie DINNER Lamb Stew, Dinner Roll Steamed Veggies Roasted Potatoes Cookies	LUNCH Chicken Alfredo Garlic Bread, Roasted Cauliflower Peach Cobbler DINNER Parmesan Crusted Tilapia Steamed Rice, Broccoli Marble Cake
LUNCH Turkey Burger Onion Rings, Potato Salad Rice Pudding DINNER Herb Roasted Pork Loin Baked Beans, Asparagus Banana Cream Pie	LUNCH Florentine Quiche Dinner Roll Mixed Veggies Carrot Cake DINNER Beef Enchiladas Refried Beans Guacamole & Pico de Gallo Churro	LUNCH Fish Tacos Red Rice, Guacamole Tres Leches Cake DINNER Yankee Pot Roast Yukon Potatoes, Green Beans Brownies	LUNCH Pastrami Sandwich Dill Pickle, Potato chips Lemon Cake DINNER Teriyaki Chicken Fried Rice, Orange Slice Roasted veggies Cheesecake	<div>  <div> <div>July 2024 Menu</div> <div>Evergreen Assisted Living</div> </div> </div>		