

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Evergreen Assisted Living March 2024 Monthly Menu

						<u>LUNCH</u> 1 Roasted Eggplant, Yogurt Sauce Mediterranean Chickpea Salad Fruit Parfait <u>DINNER</u> Chicken Piccata w/Angel Hair Pasta Garlic Bread, Caprese Salad Banana Cream Pie	<u>LUNCH</u> 2 Hot Dog Mixed Fruit, Potato Salad Ice Cream <u>DINNER</u> Roasted Salmon Quinoa, Asparagus Chocolate Cake
						<u>LUNCH</u> 3 Grilled Cheese Tomato Soup, Chopped Fruit Cookies <u>DINNER</u> Yankee Pot Roast Yukon Potatoes, Steamed Cauliflower, Brownies	<u>LUNCH</u> 4 Fish & Chips Coleslaw, Celery & Carrots Chocolate Pudding <u>DINNER</u> Chicken Pot Pie Steamed Broccoli Biscuit, Jello
<u>LUNCH</u> 10 Fish Tacos w/Tartar Sauce Sliced Melon & Grapes Mediterranean Chickpea Salad Key Lime Pie <u>DINNER</u> Shepherds Pie, Green Beans, Quinoa Strawberry Mousse Daylight Saving Time Begins	<u>LUNCH</u> 11 Dinner Roll, Balsamic Vinagrette Ambrosia Salad <u>DINNER</u> Beef N Broccoli White Rice, Orange Slice Egg Custard	<u>LUNCH</u> 12 Crab Cakes Tartar Sauce, Lemon Ceasar Salad, Tapioca Pudding <u>DINNER</u> Mac & Cheese Steamed Carrots, Dinner Roll Carrot Cake	<u>LUNCH</u> 13 Spaghetti w/ Meat sauce Roasted Asparagus, Garlic Bread Chocolate Cake <u>DINNER</u> Turkey Meatloaf Mashed Potatoes, Veggies Boston Crème Pie	<u>LUNCH</u> 14 Turkey Club Sandwich Potato Chips, Garden Salad Strawberry Turnover <u>DINNER</u> Herb Chicken Brown Rice, Peas and Carrots Gelato	<u>LUNCH</u> 15 Philly Cheese Steak Onion Rings, Fresh Fruit Marble Cake <u>DINNER</u> Cheese Manicotti Garlic Roll, Steamed Veggies Banana Pudding	<u>LUNCH</u> 16 Adobo Chicken Walnut Arugula Salad, Brown Rice Pineapple Upside Down Cake <u>DINNER</u> Tuna Casserole Dinner Roll, Mixed Veggies Chocolate Pudding	
<u>LUNCH</u> 17 Fish & Chips, Tartar Sauce Coleslaw, Peaches 'n' Crème <u>DINNER</u> Corned Beef Cabbage Wedge, Red Potatoes Pistachio Ice Cream St. Patrick's Day	<u>LUNCH</u> 18 Steak & Shrimp Fajitas Red Rice, Refried Beans Tres Leches Cake <u>DINNER</u> Chef's Salad, Dressing Dinner Roll Banana Pudding	<u>LUNCH</u> 19 Tuna Melt, Tomato Cucumber Salad, Grapes & Melon Mix Cupcakes <u>DINNER</u> Braised Short Rib, Steamed Broccoli, White Rice Keylime Pie Spring Begins	<u>LUNCH</u> 20 Ruben Sandwhich Corn Black Bean Salad Potato Salad Apple Pie <u>DINNER</u> Teriyaki Chicken Brown Rice, Brussel Sprouts Cheese Cake	<u>LUNCH</u> 21 Turkey Wrap Potato Chips, Pasta Salad White Cake <u>DINNER</u> Chicken Pot Pie Steamed Broccoli, Biscuit Jello	<u>LUNCH</u> 22 Chicken Alfredo Garlic Bread, Roasted Cauliflower Peach Turnover <u>DINNER</u> Roasted Salmon Quinoa, Broccoli Marble Cake	<u>LUNCH</u> 23 Chicken a la King Barley Pilaf, Steamed Carrots Sponge Cake <u>DINNER</u> Swedish Meatballs Mashed Potatoes, Green Beans Lemon Cake Purim Begins	
<u>LUNCH</u> 24 Florentine Quiche, Dinner Roll Asparagus, Brownies <u>DINNER</u> BBQ Ribs, Peas 'n' Carrots Baked Potato Chocolate Cake Palm Sunday	<u>LUNCH</u> 25 Chicken Club Wrap French Fries, Garden Salad Fruit Parfait <u>DINNER</u> Shepherds Pie, Green Beans, Quinoa Strawberry Mousse	<u>LUNCH</u> 26 Pulled Pork Sandwiches Onion Rings, Coleslaw Chocolate Cake <u>DINNER</u> Beef Goulash Biscuits, Mixed Veggies Strawberry Mousse	<u>LUNCH</u> 27 Cheeseburgers Fries, Fresh Fruit Ice Cream <u>DINNER</u> Homemade Chili Roasted Potatoes, Cornbread Cheese Cake	<u>LUNCH</u> 28 Baked Turkey Mashed Potato w/Gravy Green Beans, Pumpkin Pie <u>DINNER</u> Lamb Stew, Biscuits Roasted Potatoes Cookies	<u>LUNCH</u> 29 Hot Dog Mixed Fruit, Potato Salad Ice Cream <u>DINNER</u> Mac & Cheese Steamed Carrots, Dinner Roll Carrot Cake	<u>LUNCH</u> 30 Shrimp Scampi Garlic Bread, Green Beans Strawberry Turnover <u>DINNER</u> Homemade Chili Biscuits, Corn on the Cob Pie	
<u>LUNCH</u> 31 Grilled Ham Sweet Mashed Potatoes Green Beans, Cheese Cake <u>DINNER</u> Chef's Salad, Dressing Dinner Roll Banana Pudding Easter Sunday							