

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<b>LUNCH</b> 1 One Pan Honey Salmon Brown Rice Asparagus & Carrots Cinnamon Spice Cake <b>DINNER</b> Baked Potato w/ Meat Sauce Garlic Bread Caesar Salad Chocolate Pudding	<b>LUNCH</b> 2 Dia de los Muertos Taco Bar Refried Beans Spanish Rice Tres Leches Cake <b>DINNER</b> Chef Salad Dinner Roll Strawberry Cake	<b>LUNCH</b> 3 Classic Turkey Melt Cole Slaw Baked Beans Ambrosia Salad <b>DINNER</b> Spaghetti Bolognese California Blend Vegetables German Chocolate Cake	<b>LUNCH</b> 4 Grilled White Fish Garden Rice Zucchini Peach Cake <b>DINNER</b> Salami & Swiss Sandwich Side of Dill Pickles Potato Crisps Fresh Fruit Tapioca Pudding	<b>LUNCH</b> 5 BBQ Beef Sandwich French Fries Ice Cream <b>DINNER</b> Classic Mac n Cheese Broccoli & Carrots Strawberry Mousse	
	<b>LUNCH</b> 6 Shrimp Pasta Alfredo Garlic Bread Mixed Vegetables Coconut Pie <b>DINNER</b> Chicken Salad Sandwich on Croissant Beet Salad Brownie  Daylight Saving Time Ends	<b>LUNCH</b> 7 Stuffed Bell Peppers Mashed Potatoes Peas & Carrots Banana Cake <b>DINNER</b> Tuna Wrap Tomato Cucumber Salad Side of Watermelon Peach Pie	<b>LUNCH</b> 8 Turkey Burger Pasta Salad Fresh Fruit <b>DINNER</b> BBQ Meatloaf Red Roasted Potatoes Broccoli Cream Puffs	<b>LUNCH</b> 9 Teriyaki Chicken Kabobs Steamed Rice Pineapple Upside-down Cake <b>DINNER</b> Oven Baked Crab Cakes Carrot Slaw Chocolate Cake	<b>LUNCH</b> 10 Beef Stew Potato & Cauliflower Rice Pudding <b>DINNER</b> Cheese Manicotti Garlic Bread Carrots Bread Pudding	<b>LUNCH ON PATIO</b> 11 BBQ Grilled Chicken Grilled Corn on the Cob American Macaroni Potato Salad Berry Flag Cake <b>DINNER</b> Chicken Parmesan Grilled Zucchini Ambrosia Salad  Veterans Day Remembrance Day (Canada)	<b>LUNCH</b> 12 Reuben Sandwich Cole Slaw Fresh Fruit Chocolate Mousse <b>DINNER</b> Swedish Meatballs Mashed Potatoes Mixed Vegetables Strawberry Cake
	<b>LUNCH</b> 13 Roasted Pork Mashed Potatoes Green Peas Ice Cream <b>DINNER</b> Cobb Salad Dinner Roll Cream Puffs	<b>LUNCH</b> 14 Philly Cheese Steak Sandwich Sweet Potato Fries Jell-o <b>DINNER</b> Chicken Pot Pie Broccoli Dinner Roll Carrot Cake	<b>LUNCH</b> 15 Tuna Salad Pita Pocket Beet Salad Sliced Melon Fruit Cobbler <b>DINNER</b> Classic Meatloaf Roasted Yukon Potatoes Sauteed Green Beans Cream Puffs	<b>LUNCH</b> 16 Chicken Quesadilla Spanish Rice Pinto Beans Crispy Churro <b>DINNER</b> Sicilian Fish in Tomato Sauce Orzo Pasta Mixed Vegetables Eclairs	<b>LUNCH</b> 17 Kosher Hot Dog French Fries Coleslaw Ice Cream Sandwich <b>DINNER</b> Beef Ravioli Garlic Bread Peas & Carrots Fresh Fruit	<b>LUNCH</b> 18 Fish Tacos Red Cabbage Slaw Banana Marble Cake <b>DINNER</b> Stuffed Cabbage Mashed Potatoes Peas & Carrots Cookies a la Mode	<b>LUNCH</b> 19 Chicken Marsala Baked Sweet Potato Steamed Broccoli Jell-o Cake <b>DINNER</b> Meat Lasagna Mixed Vegetables Pecan Pie
	<b>LUNCH</b> 20 Cheeseburger Potato Salad Dill Pickles Ice Cream <b>DINNER</b> Grilled Chicken Garden Salad Fresh Dinner Roll Strawberry Cake	<b>LUNCH</b> 21 Sweet & Sour Meatballs Steamed Jasmine Rice Mixed Vegetables Chocolate Cake <b>DINNER</b> Chicken Picatta Linguini Pasta Spinach Salad Peach Turnover	<b>LUNCH</b> 22 Pepperoni Supreme Pizza Caesar Salad Fresh Fruit Chef's Dessert <b>DINNER</b> Texas Baked Mac n Cheese Grilled Buttered Bread Broccoli & Cauliflower Cinnamon Churros	<b>LUNCH</b> 23 Beef Stroganoff Egg Noodles Steamed Carrots Lemon Merengue Pie <b>DINNER</b> Chinese Chicken Salad Dinner Roll Strawberry Shortcake	<b>THANKSGIVING LUNCH</b> 24 Slow Cooked Turkey Sourdough Stuffing Mashed Potatoes Green Beans Pumpkin Pie <b>DINNER</b> Chef Salad Dinner Roll Fresh Fruit Angel Food Cake  Thanksgiving Day (US)	<b>LUNCH</b> 25 Grilled Ham Steak Whipped Sweet Potatoes Roasted Squash Chef's Choice <b>DINNER</b> Beef Enchiladas Spanish Rice Avocado, Black Bean & Corn Salad Apple Cake	<b>LUNCH</b> 26 Normandy Chicken Steamed Carrots Rosemary Potatoes Banana Cream Cake <b>DINNER</b> Vegetable Egg Rolls Fried Rice Oriental Vegetables Ice Cream
	<b>LUNCH</b> 27 Pork Chops Mushroom Onion Sauce Rice Pilaf Sauteed Spinach Brownie <b>DINNER</b> Chef Salad Corn Bread Muffins Banana Cream Pie	<b>LUNCH</b> 28 Fried Oven Baked Chicken Mac n Cheese Corn on the Cobb Marble Cake <b>DINNER</b> Cheese Quesadilla Refried Beans Spanish Rice Fresh Baked Cookies	<b>LUNCH</b> 29 Stuffed Avocado Tuna Salad Hawaiian Roll Baked Apples <b>DINNER</b> Turkey Bacon Club Sandwich Potato Chips Watermelon Cream Puffs	<b>LUNCH</b> 30 Garlic Herb Cornish Hen Honey Roasted Brussels Sprouts Rosemary & Thyme Potatoes <b>DINNER</b> Cheese Ravioli Garlic Bread Sauteed Green Beans Ice Cream	 <h1>November 2022</h1> 		