

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
|   |   |  |   |  | <b>BREAKFAST</b><br>Cheese Omelet<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Fish and Chips/watermelon<br>Tartar Sauce/lemon<br>Ice Cream Sandwich<br><b>DINNER</b><br>Cheese Ravioli Red Sauce<br>Garlic Bread and Vegetables<br>Sponge Cake | <b>BREAKFAST</b><br>Danish, Any Style Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Teriyaki Chicken<br>Garden Rice & Vegetables<br>Strawberry Ice Cream<br><b>DINNER</b><br>Sheperd's Pie<br>Steamed Broccoli<br>Fruit Bowl                                   |
| <b>BREAKFAST</b><br>Bacon, Any Style Eggs/butter/Jelly<br><b>LUNCH</b><br>Turkey Burger/tomato/mushroom<br>Lettuce/pickle/potato fries<br>Assorted Cake of the Day<br><b>DINNER</b><br>Maccaroni and Cheese<br>Broccoli and Cauliflower<br>Chocolate Ice Cream   | <b>BREAKFAST</b><br>Apple Pancakes any style eggs<br>Toast with Butter & Jam<br><b>LUNCH</b><br>Stuffed Beef Green Pepper<br>Garlic Bread and Vegetables<br>Coffee Cake<br><b>DINNER</b><br>Cheese Blintz/waldorf Salad/apple sauce<br>Fresh Baked Cookies    | <b>BREAKFAST</b><br>French Toast/any style eggs<br><b>LUNCH</b><br>Chicken Cordon Bleu<br>Mashed Potato and Vegetables<br>Fruit Jell-O<br><b>DINNER</b><br>Seafood Crab Cakes<br>Side of Caesar Salad<br>Baklava   | <b>BREAKFAS</b><br>Waffles any Style Eggs/butter/Jelly<br><b>LUNCH</b><br>Roasted Turkey & Gravy<br>Cornbread Stuffing & Vegetables<br>Banana Split<br><b>DINNER</b><br>Cheese Manicotti/Garlic<br>Bread/vegetables<br>Blueberry Cobbler  | <b>BREAKFAST</b><br>Bagels & Cheese, Any Style Eggs,<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Spaghetti Meatballs<br>Green Peas and Carrots<br>Pound Cake<br><b>DINNER</b><br>Chicken Pot Pie/steamed broccoli<br>Peach Turnover                      | <b>BREAKFAST</b><br>Cheese Omelet<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Club Sandwich/onion rings/fruit<br>Wedding Cake<br><b>DINNER</b><br>Steak Quesadilla/pico de gallo<br>Guacamole/sour cream<br>Chocolate Pudding                  | <b>BREAKFAST</b><br>Donut's, Any Style Eggs/butter/jelly<br><b>LUNCH</b><br>Lamb Stew<br>Corn on the Cob/Vegetables<br>Ice Cream Sandwich<br><b>DINNER</b><br>Meatloaf with Gravy<br>Mashed Potato & Vegetables<br>Jaffa Oranges Bowl                                   |
| <b>BREAKFAST</b><br>Waffles, Over Easy Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Chicken Marsala<br>Couscous Pilaf and Broccoli<br>Apple Pie<br><b>DINNER</b><br>Kosher Hot Dogs/potato Fries<br>Chopped onions/tomato/relish<br>Vanilla Ice Cream  | <b>BREAKFAST</b><br>Cheese Omelet<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Cranberry Pork Steak<br>Baked Beans, Corn on the Cob<br>Banana Upside Down Cake<br><b>DINNER</b><br>Cheese Ravioli/Garlic bread<br>Roasted Vegetables<br>Jell-O           | <b>BREAKFAST</b><br>Pancakes any Style Eggs/butter/Jelly<br><b>LUNCH</b><br>Breaded Shrimp<br>Fried Rice and Broccoli<br>Banana Split<br><b>DINNER</b><br>Cobb Salad/bacon*/turkkey/cheese<br>Tomato/cucumber/dinner roll<br>Chocolate Cake                    | <b>BREAKFAST</b><br>Blueberry Muffin, any Style Eggs,<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Beef Briskey<br>Mashed Potato and Grreen Bean<br>Chocolate Eclairs<br><b>DINNER</b><br>Turkey Loaf Brown Gravy<br>Cornbread Stuffing & Vegetables<br>Baked Apple                                | <b>BREAKFAST</b><br>Bagels, Cheese, any style Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Chicken Taco Salad/cheese<br>Guacamole/pico de gallo/sour cream<br>Jell-O<br><b>DINNER</b><br>Baked Tilapia<br>Barley Pilaf and Veggies<br>Ambrosia Salad | <b>BREAKFAST</b><br>French/toast/any style<br>eggs/butter/Jelly<br><b>LUNCH</b><br>Veal Stew/cornbread/vegetables<br>Caramel Flan<br><b>DINNER</b><br>Grilled Ham/Cheese on Rye Bread<br>Onion Rings and Pickle<br>Blueberry Pie                     | <b>BREAKFAST</b><br>Danish, any Style Eggs,<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Pot Roast/Mashed Potato & Vegetables<br>Carrot Cake<br><b>DINNER</b><br>Turkey Ala King/Garlic Bread<br>Roasted Vegetables<br>Ice Cream Sandwich                          |
| <b>BREAKFAST</b><br>Bacon any Style Eggs<br>Butter and Jelly<br><b>LUNCH</b><br>Shrimp Scampi<br>Rice Pilaf and Sauteed Spinach<br>Angel Food Cake<br><b>DINNER</b><br>Pepperoni Pizza<br>Side of Caesar Salad<br>Spumoni Ice Cream  | <b>BREAKFAST</b><br>Pancakes any style eggs/Butter/Jelly<br><b>LUNCH</b><br>Spaghetti Meatballs/Garlic Bread<br>And Veggies Orange Cake<br><b>DINNER</b><br>Chef's Salad/dinner Roll/cheese<br>ham/cucumber/tomato/boil eggs<br>Bread Pudding                 | <b>BREAKFAST</b><br>Waffles, any Style Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Ranch Baked Chicken<br>Sweet Yam & Vegetables Succotash,<br>Jell-O<br><b>DINNER</b><br>Philly Cheesesteak Sandwich<br>Onion Rings, Fruit<br>Cookies              | <b>BREAKFAST</b><br>Blueberry Muffin, Over Easy Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Turkey Pot Pie<br>Roasted Cauliflower and Broccoli<br>Pineapple Upside Dwon Cake<br><b>DINNER</b><br>White Fish/caper/lemon/wine Sauce<br>Side of Bow Tie Pasta/Veggies<br>German Chocolate Cake | <b>BREAKFAST</b><br>Denver Omelet<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>BBQ Pork Ribs<br>Corn on the Cob and Baked Bean<br>Bannana Split<br><b>DINNER</b><br>Sloppy Joe<br>Cole Slaw/watermelon<br>Lemon Meringue Pie                              | <b>BREAKFAST</b><br>Bagels & Cream Cheese<br>Any style Eggs & Butter and Jelly<br><b>LUNCH</b><br>Cheese Ravioli/Red Sauce<br>Garlic Bread/Vegetables<br>Sponge Cake<br><b>DINNER</b><br>Coq Au Vin<br>Scalloped Potatoes/Green Beans<br>Coffee Cake | <b>BREAKFAST</b><br>French Toast, Any style Eggs<br>Butter and Jelly<br><b>LUNCH</b><br>Beef and Broccoli<br>Over Steamed Rice<br>Fruit Bowl<br><b>DINNER</b><br>Turkey Milanesa with Red Sauce<br>Corn on the Cob/Sauteed Spinach<br>Strawberry Ice Cream              |
| <b>BREAKFAST</b><br>Banana Muffin, Any Style Eggs<br>Butter and Jelly<br><b>LUNCH</b><br>Seafood Crab Cakes<br>Side of Caesar Salad<br>Pie Ala Mode<br><b>DINNER</b><br>Veal Steak Piccata<br>Mashed Potato and Vegetables<br>Chocolate Ice Cream  | <b>BREAKaFAST</b><br>French Toast, any Style Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Mustard Chicken<br>Barley Pilaf/Vegetables<br>Sponge Cake<br><b>DINNER</b><br>Stuffed Baked Potato with Meat Sauce<br>Capri Vegetables<br>Tapioca Pudding | <b>BREAKFAST</b><br>Bacon, any Style Eggs<br>Toast with Butter and Jelly<br><b>LUNCH</b><br>Spaghetti Turkey Meatballs<br>Garlic Bread and Mixed Veggies<br>Jell-O<br><b>DINNER</b><br>Nicoise Salad/green beans/olives<br>Tomato/cheese/tuna<br>Fresh Cookies | <b>BREAKFAST</b><br>Hobbit's Breakfast: Sausage, any Style<br>Eggs & Breakfast Potatoes<br><b>LUNCH</b><br>Sweet and Sour Pork<br>Over Steamed Rice/oriental Veggies<br>Honey Cake<br><b>DINNER</b><br>Swiss Steak/Mashed Potato/Veggies<br>Fruit Crisp   | <b>BREAKFAST</b><br>Bagel, Cream Cheese/any Style Eggs,<br>Butter and Jelly<br><b>LUNCH</b><br>Lamb Stew/Cornbread Muffin/Veggies<br>Apple Pie<br><b>DINNER</b><br>Chicken Parmigiana<br>Smashed Root Vegetable<br>Steamed Broccoli<br>Chocolate Eclairs       | <b>BREAKFAST</b><br>Waffles/any Style Eggs,<br>Butter and Jelly<br><b>LUNCH</b><br>London Broiled/Steamed Red Potatoes<br>Braised Cabbage<br>Egg Custard<br><b>DINNER</b><br>Cheese Blintz<br>waldorf Salad/apple Sauce<br>Bread Pudding             | <b>BREAKFAST</b><br>Pancakes/any Style Eggs,<br>Butter and Jelly<br><b>LUNCH</b><br>Baked Tilapia/Tartar Sauce<br>Baked Sweet Yam/Vegetables<br>Strawberry Cake<br><b>DINNER</b><br>Club Sandwich/Onion Rings/<br>Bacon/Turkey/Lettuce/Tomato<br>Butter Pecan Ice Cream |
| <b>BREAKFAST</b><br>Spooky Banana Cupcakes/ Eggs<br><b>LUNCH</b><br>Halloween Shepard's Pie/pumpkin Soup<br>Baked Butternut Squash/Green Beans<br>Paleo Halloween Cookies<br><b>DINNER</b><br>Ghostly Pizza/Black Olives/Fresh Mozzarella<br>Cheese/PizzaSauce/Eyeball Caprese Salad<br>& Pumpkin Pie<br><br>Halloween |   |  |   |  |  |   |