Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EVERGREEN ASSISTED LIVING		LUNCH Cheese Burger Sliced Watermelon Fries Cupcakes DINNER Chicken Parmesan Dinner Roll, Roasted Veggies Peaches 'n' Creme	LUNCH Florentine Quiche Fresh Fruit Carrot Cake DINNER Beef Enchiladas Refried Beans Spanish Rice Rice Pudding	LUNCH Roast Beef Sandwich French Fries, Pickle Spear Ambrosia DINNER Creamy Pesto Chicken Pasta, Garlic Bread Veggies, Apple Pie	LUNCH Crab Cakes Corn and Black Bean Salad Fruit Parfait DINNER Pork Tenderloin Sweet Potato Mash Mixed Veggies White Cake	LUNCH Chili Cheese Dog Mixed Fruit, Potato Salad Ice Cream DINNER Parmesan Crusted Tilapia Rice Pilaf, Mixed Veggies Chocolate Cake
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LUNCH Grilled Cheese Tomato Soup, Chopped Fruit Yogurt Parfait DINNER Yankee Pot Roast Yukon Potatoes, Roaster Veggies Brownies	LUNCH Chicken Tacos Red Rice, Refried Beans Guacamole Tres Leches Cake DINNER Chicken Pot Pie Broccoli Dinner Roll Jello	LUNCH Baked Ziti Steamed Veggies Garlic Bread Chocolate Chip Muffins DINNER Turkey Meatloaf Honey Roasted Carrots Mashed Potatoes Blueberry Cobbler	LUNCH Sloppy Joe Tater Tots, Sliced Fruit Banana Bread DINNER Swedish Meatball Cornbread, Roasted Veggies Tapioca Pudding	LUNCH Turkey Wrap Potato Salad, Sliced Fruit Cherry Pie DINNER Herb Chicken Rice Pilaf Peas and Carrots Fruit Parfait	LUNCH Fish N Chips Cole Slaw Fresh Fruit Lemon Cake DINNER Homemade Chili Cornbread, Roasted Veggies Banana Pudding Yom Kippur Begins	Philly Cheesesteak Watermelon Slices, Pasta Salad Banana Cream Pie DINNER Hawaiian Chicken Dinner Roll, Mixed Veggies Rice Pilaf Red Velvet Cake
LUNCH Pulled Pork Sandwiches Cole Slaw, Fries Fruit Jello-O DINNER Beef Goulash Egg Noodle, Steamed Veggies Brownies	LUNCH Pastrami Sandwich Dill Pickle, Potato Chips Lemon Cake DINNER Teriyaki Chicken Fried Rice, Orange Slice Roasted Veggies Egg Custard	LUNCH Crab Cake Crab Cake Tomato Cucumber Salad Watermelon Cupcakes DINNER Stuffed Peppers Garlic Roll, Roasted Potatoes Strawberry Shortcake	LUNCH 16 Grilled Ham & Cheese Sandwich Black Bean & Corn Salad Brownie DINNER Roasted Salmon Steamed Rice, Broccoli Red Velvet Cake	LUNCH Chicken Quesadilla Guacamole Spanish rice Apple Cobbler DINNER Chicken Pot Pie Mixed Veggies Dinner Roll Pumpkin Pie	LUNCH Egg Salad Croissant Potato Chips, Fresh Fruit Spice Cake DINNER Spaghetti w/Meat Sauce Garlic Roll, Mixed Veggies Banana Pudding	LUNCH Adobo Chicken Caesar Salad, Spanish Rice Pineapple Upside Down Cake DINNER Pork Tenderloin Mashed Sweet Potato Dinner Roll Chocolate Pudding
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LUNCH Fish & Chips, Tartar Sauce Coleslaw Peaches N Cream DINNER Cabbage Roll Garlic Bread Roasted Potatoes Cherry Pie	LUNCH Ruben Sandwich Fruit, Potato Salad Orange Cake DINNER Chicken Parmesan w/Pasta Roasted Veggies Garlic Bread Peaches N Cream	LUNCH Chicken Tacos Chicken Tacos Spanish Rice, Refried Beans Guacamole Banana Pudding DINNER Stuffed Manicotti Dinner Roll Roasted veggies and Potatoes Chocolate Cake	Pulled Pork Sandwich Tater Tots, Fresh Fruit Red Velvet Cupcakes DINNER Homemade Chili Baked Potato, Cornbread Angel Food Cake	LUNCH BBQ Chicken Pasta Salad, Mixed Veggies Boston Cream Pie DINNER Beef Goulash Steamed Veggies Peas N Carrots, Cookies Simchat Torah Begins	LUNCH Chicken Alfredo Garlic Bread Roasted Cauliflower Blueberry Cobbler DINNER Parmesan Crusted Tilapia Steamed Rice, Broccoli Chocolate Cake	LUNCH Chicken a la King Barley Pilaf, Steamed Veggies Angel Food Cake DINNER Swedish Meatballs Sweet Potato Mash Roasted Veggies Egg Custard
LUNCH Shrimp Scampi Veggies, Garlic Bread Rice Pudding DINNER Herb Roasted Pork Loin Baked Beans Veggies, Roll Banana Cream Pie	LUNCH Chicken Salad Croissant Black Bean Corn Salad Sliced Fruit Lemon Pie DINNER Beef Ravioli Roasted Veggies, Dinner Roll Strawberry Mousse	LUNCH Fish Tacos Fries, Fresh Fruit Cherry Pie DINNER Homestyle Meatloaf Mash Potatoes n Gravy Roasted Veggies Banana Pudding	LUNCH Club Sandwich Chips, Pickle, White Cake DINNER Shepherds Pie Roasted Veggies Cornbread Muffin Jello	LUNCH Spooky Spaghetti And Mischievous Meatball Ghoulish Garlic Bread Killer Kupcakes DINNER Adobo Chicken Caesar Salad, Spanish Rice Pineapple Upside Down Cake Halloween	OCTOBER 2	024 MENU