

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | | | BREAKFAST 1 Pancakes, any Style Eggs Toast w/ Butter and Jelly LUNCH Veal Salisbury Steak & Brown Sauce, Mashed Potato and Broccoli Banana Split DINNER Roast Chicken Rice Pilaf and Vegetables Fruit Cobbler | BREAKFAST 2 Bagels & Cheese, Any Style Eggs, Toast with Butter and Jelly LUNCH Roasted Turkey & Gravy Cornbread Stuffing &Vegetables Banana Split DINNER Seafood Crab Cakes Side of Caesar Salad Tapioca Pudding | BREAKFAST 3 Cheese Omelet Toast with Butter and Jelly LUNCH BBQ Pork Spare Ribs Corn on the Cob, Baked Beans Chocolate Mousse DINNER Cheese Ravioli White Sauce Garlic Bread and Vegetables Chef's Cake | BREAKFAST 4 Danish, Any Style Eggs Toast with Butter and Jelly LUNCH Rosemary Baked Chicken Baked Sweet Yam & Vegetables Ice Cream Sandwich DINNER Sheperd's Pie Israeli Salad and Corn Bread Butter Pecan Ice Cream |
| BREAKFAST 5 Bacon, Any Style Eggs Toast w/ Butter and Jelly LUNCH Turkey Burge/tomatoes/onions, Lettuce/pickle/potato fries Assorted Cake of the Day DINNER Pepperoni Pizza, Side of Caesar Salad Strawberry Ice Cream | BREAKFAST 6 Apple Pancakes with Honey Any Style Eggs Toast with Butter & Jam LUNCH Stuffed Beef Cabbage Rolls Garlic Bread and Vegetables Honey Baked Apple DINNER Round Raisin Challah, Sweet Potato Soup, Apple Mint Salad, Pomegranate Braised Brisket, Honey Cake Rosh Hashanah Begin/Labor Day | BREAKFAST 7 Banana Walnut Pancakes Any Style Eggs LUNCH Cheese Blintz, Waldorf Salad, Apple Sauce, Baklava DINNER Butternut Squash Soup, Carrot and Prune Tzimmes Salad, Roasted Pineapple and Pomegranate Rosemary Salmon Apple Noodle Kugel, Apple Cinnamon Pie Ala Mode | BREAKFAST 8 Blueberry Muffin, any Style Eggs, Toast with Butter and Jelly LUNCH Chicken Lo Mein Oriental Vegetables Chocolate Eclairs DINNER Meat Loaf Brown Gravy Mashed Potato and Veggies Coffee Cake | BREAKFAST 9 Bagels, Cheese, any style Eggs Toast with Butter and Jelly LUNCH Taco Salad/cheese/pico de gallo Guacamole/sour cream Apple Cake DINNER Baked Tilapia Couscous Pilaf and Veggies Baklava | BREAKFAST 10 Cheese Omelet Toast with Butter and Jelly LUNCH Reuben Sandwich/potato salad/fruit Wedding Cake DINNER Cornish Game Hen, Baked Sweet Yam, Sautéed Spinach and Peppers Chocolate Pudding | BREAKFAST 11 Donut's, Any Style Eggs, Toast with Butter and Jelly LUNCH Lamb Stew, Hash brown patties Grilled Vegetables Ice Cream Sandwich DINNER Chef's Salad: Julienned tomatoes, Ham, turkey, cheese, boiled eggs, dinner roll, Jaffa Oranges Bowl |
| BREAKFAST 12 Waffles, Over Easy Eggs Toast with Butter and Jelly LUNCH Fish/Chips/Watermelon Lemon/Tartar Sauce Spumoni Ice Cream DINNER Meat Lasagna/Vegetables Sponge Cake Grandparents Day | BREAKFAST 13 Cheese Omelet, Toast, Toast with Butter and Jelly LUNCH BBQ Pork Ribs Baked Beans, Corn on the Cob Apple Cake DINNER Quiche Lorraine Side of Roasted Blend Vegetables Fruit Parfait | BREAKFAST 14 Pancakes any Style Eggs Toast with Butter and Jelly LUNCH Steak Quesadilla/Guacamole Pico de Gallo/sour cream Banana Split DINNER Breaded Shrimp/cocktail sauce Fried Rice/veggies Pound Cake | BREAKFAST 15 Blueberry Muffin, Over Easy Eggs Toast with Butter and Jelly LUNCH Turkey ala King/peas/carrots Garlic Bread Apple Turnover DINNER Chicken Soup with Kreplach Gefilte Fish, Waldorf Salad Lemon Herb Chicken Legs Potato Pancakes Yom Kippur Begins | BREAKFAST 16 French Toast any Style Eggs Toast with Butter and Jelly LUNCH Pepperoni Pizza/Caesar Salad Jell-O DINNER Sloppy Joe Cole Slaw/watermelon Orange Cake | BREAKFAST 17 Bagels & Cream Cheese any Style Eggs, Toast with Butter and Jelly LUNCH Chicken Fajitas: Refried Beans, Spanish Rice, Tortillas, Sour Cream Caramel Flan DINNER Grilled White Fish Potatoes O'brien/Veggies Blueberry Pie | BREAKFAST 18 Danish, any Style Eggs, Toast with Butter and Jelly LUNCH Salisbury Steak/Mashed Potato Veggies/strawberry Ice Cream DINNER Ham and Cheese Sandwich on Rye Bread, Three Bean Salad/pickle Ice Cream Sandwich Oktoberfest Begins |
| BREAKFAST 19 French Toast any Style Eggs Butter and Jelly LUNCH Cranberry Pork Tenderloin Baked Potato/Vegetables Banana Cake DINNER Chicken Parmigiana Garden Rice and Veggies Spumoni Ice Cream | BREAKFAST 20 Cheese Omelet Toast with Butter and Jelly LUNCH Spaghetti Meatballs/Garlic Bread And Veggies Orange Cake DINNER Cobb Salad/dinner Roll/cheese bacon/cucumber/boil eggs Vanilla Pudding Sukkot Begins | BREAKFAST 21 Pancakes, any Style Eggs Toast with Butter and Jelly LUNCH Ranch Baked Turkey Sweet Yam & Vegetables Succotash, Jell-O DINNER Philly Cheesesteak Sandwich Onion Rings, Fruit Cookies | BREAKFAST 22 Hobbit's Breakfast: Sausage, any Style Eggs & Po-ta-toes LUNCH Shire Roast Chicken w/ Tomatoes Elven Green Salad w/ Roll Honey Cake DINNER Veggie Pot Pie w/ Roasted Root Vegetables, Fruit Crisp Autumn Begins | BREAKFAST 23 Blueberry Muffin, any Style Eggs, Toast w/ Butter and Jelly LUNCH Veal Steak Piccata, Stuffing, Green Beans, Egg Custard DINNER Swiss Steak Mashed Potato/Veggies Chocolate Eclairs | BREAKFAST 24 Bagels & Cream Cheese Any style Eggs & Butter and Jelly LUNCH Cheese Ravioli/Red Sauce Garlic Bread/Vegetables Pineapple Upside Down Cake DINNER Rosemary Chicken Hash Brown Patty/capri veggies Lemon Cake | BREAKFAST 25 Waffles, Any style Eggs Toast with Butter and Jelly LUNCH Crispy Coconut Shrimp/red sauce Fried Rice/Broccoli Fruit Bowl DINNER Turkey Loaf/Gravy Mashed Potato/ Fajita Vegetables Butter Pecan Ice Cream |
| BREAKFAST 26 Banana Muffin, Any Style Eggs Butter and Jelly LUNCH Cheese Burger/lettuce/tomatoes Onions/dill Pickle Carrot Cake DINNER Crab Cakes/Tartar Sauce/lemon Side of Mixed Green Lettuce Chocolate Ice Cream | BREAKFAST 27 French Toast, any Style Eggs Toast with Butter and Jelly LUNCH Herbs Roasted Chicken Paprika Roasted Potato/Vegetables Sponge Cake DINNER Veal Patty Steak, Caper/lemon Sauce/Corn on the Cob Tapioca Pudding | BREAKFAST 28 Bacon, any Style Eggs Toast with Butter and Jelly LUNCH Cheese Enchiladas/Spanish Rice Refried beans/sour cream Jell-O DINNER Chef's Salad/dinner rolls/turkey cheese/cucumber/ Fresh Cookies Simchat Torah Begins | BREAKFAST 29 Cheese Omelet Toast with Butter and Jelly LUNCH Reuben Sandwich Crispy Onion Rings/watermelon Jell-O DINNER White Fish/tartar sauce/lemon Cali Rice and Broccoli Peach Turnover | BREAKFAST 30 Pancakes, any Style Eggs Butter and Jelly LUNCH BBQ Pork Spare Ribs Corn on the Cob/Baked Beans DINNER Turkey Pot Pie Roasted Vegetables Bread Pudding |  | |