

APRIL 2022

COMMUNITY NEWSLETTER

# EVERGREEN

*Where You Live Matters*

## PIANO KARAOKE APRIL 25

*Belt out your  
favorite songs  
at this live piano  
karaoke event!*

*Join us for*

## WESTERN WEDNESDAYS

*LIVE LIKE A  
COWBOY  
FOR A DAY!*

## TASTE OF THE WORLD APRIL 8

*Spanish Empanadas:  
the savory pastry*



## SPILL THE TEA

*Monday, April 18 at 2:00 pm*

*Welcome Spring with a scrumptious Easter Tea Party!*

*Let's dish on the latest Bridgerton Society happenings from the newly released Season Two!*

# RESIDENT SPOTLIGHT

CARYL K.



This month, we'll be exploring the East Coast, so this is the perfect month to introduce Caryl K. who comes to us from the East Coast. She prides herself on being a New Yorker, and as such, is a stylish woman with a love for the arts. She loves to participate in every activity and brings her sometimes rough, yet refreshing, humor to the table for all!

# RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!

Learn more about our Resident of the Month, Caryl K.

on FRIDAY, APRIL 29 AT 3:00 PM



## Let's Get Our Mud On!

*Mud Masks*  
FRIDAY, APRIL 22

# EARTH DAY

APRIL 22



## RESIDENT BIRTHDAYS

|            |      |
|------------|------|
| Joan C.    | 4/01 |
| Bob S.     | 4/07 |
| Evelyn G.  | 4/12 |
| Hae Ran D. | 4/18 |

## HOLIDAY CELEBRATIONS

|      |                        |
|------|------------------------|
| 4/01 | April Fool's Day       |
| 4/10 | Palm Sunday            |
| 4/07 | World Health Day       |
| 4/15 | Passover / Good Friday |
| 4/17 | Easter Sunday          |
| 4/21 | National Tea Day       |
| 4/22 | Earth Day              |

## RELIGIOUS SERVICES



Christian Bible Study  
Saturday at 3:00 p.m.  
Catholic Services  
Sunday at 11:00 a.m.  
Shabbat  
Friday at 4:00 p.m.

## Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Monday, Wednesday and Friday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!

## The Beautician IS IN

SUNDAY STARTING AT 9:00 A.M.

PLEASE BOOK APPOINTMENTS THROUGH OUR CONCIERGE:  
**(818) 843-8268**

# APRIL Activities & Events



## CHAIR ZUMBA W/MARTHA

Wednesday, April 13 | 2:00 pm

Join our spicy Latin American dancing queen in this exhilarating seated dance program. Improve your overall energy, core stability, endurance and motor skills.

## EAST COAST TRAVEL CLUB

Discover the state of Maine

Wednesday, April 13 | 2:00 pm

Travel to the New England region of the U.S. to the Northernmost state east of the Great Lakes... with its single syllable name ~ Maine



## PASSOVER SEDER MEAL

Celebrate Love, Dance, & Music!

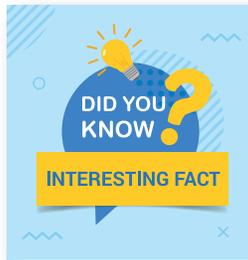
Friday, April 15 | 3:00 pm

Take part in a special Passover Seder Table event to celebrate the Israelites' liberation from slavery in Egypt.

## EAST COAST TRIVIA

Wednesday, April 13 | 3:00 pm

Time to brush up on your trivia skills as we explore all the states located on the farthest eastern side of the U.S.



## RESIDENT COUNCIL MEETING

Thursday, April 28 - 3:00 pm



“

To plant a garden is to believe in tomorrow.

~ Audrey Hepburn



## Lady Thistledown's SOCIETY PAPERS

April 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

This season's Royal Ball has named its *Diamond of the Season*, and she is none other than our charming April Resident of the Month, Caryl! And wagging tongues are whispering that her daughter, is also a celebrity Diamond this season, as she is now starring in a musical show at the Cavern Club Celebrity Theater here in LA! Nancy, or "Charlie" her part in the play, is one of two Hollywood female darlings on the run after breaking multiple laws in the madcap adventure, "*Pat & Charlie Escape to Lillith Faire*".

And now with the bingeable *Bridgerton* Season 2 out now, be sure to catch up on all the latest scoop at our "Spill The Tea" Easter Tea Party!



## EMPLOYEE OF THE MONTH

MARY

Business Office Manager

Mary is one of the most approachable and efficient workers Evergreen has ever been graced with. No matter how over-packed her plate it, she is always there to lend a helping hand to anyone in need. She even makes sure to follow up with that person afterwards, making sure their needs are being met. Cheers my dear!

Sunday

Monday

Tuesday

Wed



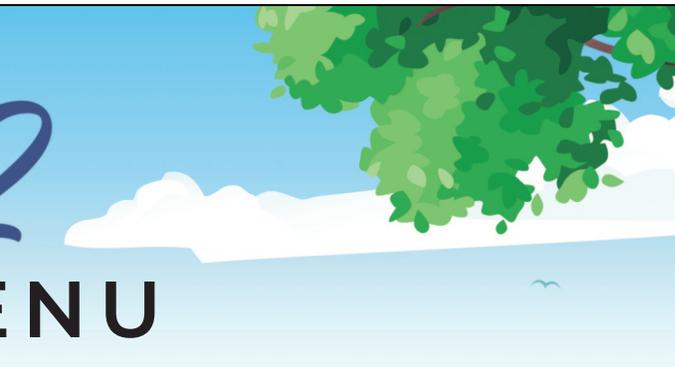
|  |   |  |  |
|--|---|--|--|
| <p style="text-align: right;"><b>3</b></p> <p><b>LUNCH</b><br/>Normandy Chicken<br/>Brown Rice Pilaf<br/>Roasted Vegetables</p> <p><b>DINNER</b><br/>Stir-Fry Shrimp<br/>Vegetable Fried Rice<br/>Chinese Salad w/ Almonds and Wontons</p>                           | <p style="text-align: right;"><b>4</b></p> <p><b>LUNCH</b><br/>Chicken Cordon Blue<br/>Mashed Potatoes<br/>Roasted Root Veggies</p> <p><b>DINNER</b><br/>Spaghetti and Meatballs<br/>Fresh Garlic Bread<br/>Antipasti Salad</p>                 | <p style="text-align: right;"><b>5</b></p> <p><b>LUNCH</b><br/>Crab Ceviche with Crackers<br/>Mango and Roasted Corn Salad</p> <p><b>DINNER</b><br/>Grilled Turkey, Portobello Mushroom &amp; Swiss Panini<br/>Chickpea Pasta Salad</p>        | <p style="text-align: right;"><b>6</b></p> <p><b>LUNCH</b><br/>Teriyaki Chicken<br/>Steamed Rice<br/>Melon Pineapple</p> <p><b>DINNER</b><br/>Just Like Mom's<br/>Mashed Potatoes<br/>Baby Carrots</p>                         |
| <p style="text-align: right;"><b>10</b></p> <p><b>LUNCH</b><br/>Ham &amp; Cheese Panini<br/>Sweet Potato Fries<br/>Apple Walnut Salad</p> <p><b>DINNER</b><br/>Tilapia with Lemon<br/>Grilled Zucchini &amp; Baby Carrots<br/>Jasmine Rice</p> <p>Palm Sunday</p>    | <p style="text-align: right;"><b>11</b></p> <p><b>LUNCH</b><br/>Crab Cakes<br/>Steak Cut Fries<br/>Mixed Green Salad</p> <p><b>DINNER</b><br/>Beef Stroganoff<br/>Roasted Asparagus w/ Cherry Tomatoes<br/>Spinach Salad</p>                    | <p style="text-align: right;"><b>12</b></p> <p><b>LUNCH</b><br/>Crab Fettuccini<br/>Asparagus w/ Fresh Herbs<br/>Butter Garlic Naan</p> <p><b>DINNER</b><br/>Steak Salad w/ Avocado, Tomatoes, Cucumber, Feta Cheese &amp; Onions</p>          | <p style="text-align: right;"><b>13</b></p> <p><b>LUNCH</b><br/>Butter Baked Potatoes<br/>Couscous<br/>Roasted Herbs<br/>French Grapes</p> <p><b>DINNER</b><br/>Bean &amp; Cheese Tostitos<br/>Spanish Rice<br/>Sour Cream</p> |
| <p style="text-align: right;"><b>17</b></p> <p><b>LUNCH</b><br/>Seared Shrimp<br/>Roasted Vegetables<br/>Arugula &amp; Spinach Salad</p> <p><b>DINNER</b><br/>Grilled Cheese Sandwich<br/>Tomato Bisque Soup<br/>Honey Almond Spinach Salad</p> <p>Easter Sunday</p> | <p style="text-align: right;"><b>18</b></p> <p><b>LUNCH</b><br/>Homestyle Pork Chops<br/>Rosemary Potatoes<br/>Apple Walnut Spinach Salad</p> <p><b>DINNER</b><br/>Cheese Enchiladas<br/>Refried Beans<br/>Spanish Rice &amp; Pico de Gallo</p> | <p style="text-align: right;"><b>19</b></p> <p><b>LUNCH</b><br/>Baby Back Ribs w/ BBQ Sauce,<br/>Baked Beans,<br/>Roasted White Corn</p> <p><b>DINNER</b><br/>Portobello Mushroom Ravioli in Pesto Sauce<br/>Charred Asparagus and Peppers</p> | <p style="text-align: right;"><b>20</b></p> <p><b>LUNCH</b><br/>Lemon &amp; Thyme Chicken<br/>w/ Tri-Colored Beans<br/>Ratatouille</p> <p><b>DINNER</b><br/>Loaded Bacon, Broccoli &amp; Cheese<br/>Coleslaw</p>               |
| <p style="text-align: right;"><b>24</b></p> <p><b>LUNCH</b><br/>Cheese Burger<br/>French Fries<br/>Garden Salad</p> <p><b>DINNER</b><br/>Chicken Fajitas<br/>Beans &amp; Rice<br/>Avocado &amp; Corn Salad</p>   | <p style="text-align: right;"><b>25</b></p> <p><b>LUNCH</b><br/>Carnitas Soft Tacos<br/>Roasted Street Corn<br/>Spanish Rice &amp; Guacamole</p> <p><b>DINNER</b><br/>Shepard's Pie<br/>Ciabatta Roll<br/>Garden Salad</p>                      | <p style="text-align: right;"><b>26</b></p> <p><b>LUNCH</b><br/>One Pan Honey Salmon<br/>Brown Rice Pilaf<br/>Asparagus &amp; Carrots</p> <p><b>DINNER</b><br/>Baked Potato with Meat Sauce<br/>Fresh Garlic Bread<br/>Cesar Salad</p>         | <p style="text-align: right;"><b>27</b></p> <p><b>LUNCH</b><br/>Seared Salmon<br/>Rosemary &amp; Thyme Potatoes<br/>Grilled Parmesan</p> <p><b>DINNER</b><br/>Chicken<br/>Cilantro Lime Rice<br/>Guacamole<br/>Fresh</p>       |

Wednesday

Thursday

Friday

Saturday



|   |   |  |  |
|---|---|--|--|
| <p><b>LUNCH</b> 6</p> <p>Grilled Chicken Kabobs<br/>White Rice<br/>Apple Salad</p> <p><b>DINNER</b></p> <p>Meatloaf<br/>Potatoes &amp; Gravy<br/>Carrots &amp; Peas</p>                 | <p><b>LUNCH</b> 7</p> <p>Classic Chicken Cobb Salad<br/>Minestrone Soup<br/>Garlic Roll</p> <p><b>DINNER</b></p> <p>Baked Buttered Salmon<br/>Steamed Broccoli<br/>Quinoa Salad</p>                       | <p><b>LUNCH</b> 8</p> <p>Chicken Empanadas<br/>with Chimichurri Sauce<br/>Street Corner Corn Salad</p> <p><b>DINNER</b></p> <p>Rigatoni with Turkey Sausage<br/>Spring Vegetables<br/>Garlic Bread</p> <p>All Fools' Day</p> | <p><b>LUNCH</b> 9</p> <p>Manhattan Clam Chowder in<br/>Sourdough Bread Bowl<br/>Spinach Pecan Salad</p> <p><b>DINNER</b></p> <p>Chicken Flautas (Flour Taquitos)<br/>Pinto Beans, Spanish Rice<br/>Guac and Sour Cream</p> <p>Ramadan Begins</p> |
| <p><b>LUNCH</b> 13</p> <p>Baked Salmon<br/>Couscous Pilaf<br/>Braised Red Potatoes<br/>Green Beans</p> <p><b>DINNER</b></p> <p>Tostada w/ Lettuce<br/>Fish Rice<br/>&amp; Guacamole</p> | <p><b>LUNCH</b> 14</p> <p>Pot Roast with Veggies<br/>Garlic Herb Asparagus<br/>Side Salad</p> <p><b>DINNER</b></p> <p>Sesame Garlic Stir-Fry<br/>Roasted Peppers and Veggies<br/>Steamed Jasmine Rice</p> | <p><b>LUNCH</b> 15</p> <p>Sloppy Joes on Brioche Bun<br/>Side of Fresh Watermelon</p> <p><b>DINNER</b></p> <p>Herbs Crusted White Fish Over<br/>Brown Rice Roasted Vegetables</p> <p>Good Friday<br/>Passover Begins</p>     | <p><b>LUNCH</b> 16</p> <p>Chicken Marsala<br/>Mashed Potatoes<br/>Garlic Herb Green Beans</p> <p><b>DINNER</b></p> <p>Veal Stroganoff<br/>Linguine Pasta<br/>Peas and Carrots<br/>Garlic Roll</p>  |
| <p><b>LUNCH</b> 20</p> <p>Thyme Chicken<br/>Cored Quinoa<br/>Vegetables</p> <p><b>DINNER</b></p> <p>Mac N' Cheese w/<br/>Onion &amp; Chives<br/>Coleslaw</p>                            | <p><b>LUNCH</b> 21</p> <p>B.L.T Sandwich<br/>Tomato Basil Bisque Soup<br/>Arugula Salad</p> <p><b>DINNER</b></p> <p>Veal in Butter Noodles<br/>Roasted Carrots and Peas<br/>Baby Herb Salad</p>           | <p><b>LUNCH</b> 22</p> <p>Chicken and Vegetable Skewers<br/>Warm Pita Bread<br/>Greek Feta Orzo Salad</p> <p><b>DINNER</b></p> <p>Turkey Meatloaf<br/>Mashed Potatoes<br/>Sautéed Green Beans</p> <p>Earth Day</p>           | <p><b>LUNCH</b> 23</p> <p>Loaded Street Beef Dogs<br/>Onion Rings<br/>Potato Salad</p> <p><b>DINNER</b></p> <p>Mushroom &amp; Sausage<br/>Flatbread w/ Ricotta<br/>Classic Caesar Salad</p>  |
| <p><b>LUNCH</b> 27</p> <p>Grilled Steak<br/>Thyme Potatoes<br/>Asparagus</p> <p><b>DINNER</b></p> <p>Taco Salad<br/>Sour Cream Dressing<br/>Guacamole<br/>Fresh Fruit</p>               | <p><b>LUNCH</b> 28</p> <p>Chicken Fettuccine Alfredo with<br/>Broccoli<br/>Butter Garlic naan</p> <p><b>DINNER</b></p> <p>Grilled Cheese Sandwich<br/>Hearty Chicken Noodle Soup</p>                      | <p><b>LUNCH</b> 29</p> <p>Chicken Turkey Wrap<br/>Veggies Sticks &amp; Hummus/dip<br/>Mixed Fruit Salad</p> <p><b>DINNER</b></p> <p>Fish and Chips<br/>Tarter Sauce<br/>Fried Zucchini</p> <p>Arbor Day</p>                  | <p><b>LUNCH</b> 30</p> <p>Stuffed Shells in Marinera Sauce<br/>Fresh Garlic Bread<br/>Antipasto Salad</p> <p><b>DINNER</b></p> <p>French Dip Sandwich<br/>w/ Au Jus<br/>Steak Cut Fries<br/>Spinach Pasta Salad</p>                              |

Contacted via email at [chef@evergreenretire.com](mailto:chef@evergreenretire.com). Menu subject to change without notice.

You are invited to attend our  
*Spill the Tea!*  
An Easter Tea Party



Celebrate Springtime with us!  
Monday, April 18 at 2:00 pm



*What better way to welcome Spring than with a scrumptious Easter Tea Party? And since April is National Afternoon Tea Month, this represents the perfect opportunity to "spill the tea" on the latest Bridgerton society happenings from its newly released Season Two!*



Please RSVP to  
our concierge at (818) 843-8268

NOSTALGIC MARDI GRAS  
ROYAL BALL  
PHOTOS  
*Corner*



# PIANO KARAOKE

Monday, April 25. 2:00 pm

Sing along with our talented guest singer JD Sebastian as he pounds out your favorite tunes on the piano!



## PALM SUNDAY

Sunday, April 10

Join us for a day filled with celebrations starting with Palm Sunday Slurps, then Palm Sunday Bingo, followed by an evening screening of Martin Scorsese's religious drama *"The Last Temptation of Christ"*.



Every Wednesday, it's time to saddle up and put our boots on because the Old West moseys by Evergreen for a visit. Stop by our Wild West Cafe for some special John Wayne Coffee (*ask Leana exactly what that is!*). Next, it's time for some country entertainment with some o' the good ol' boys like Marty Robbins, Johnny Cash and Jimmy Dean, while drinking that harsh JW coffee in a boot mug. Enjoy Western games, raffles and hoedown dancing with Rootbeer (or Coke) floats. Our western evenings are topped by a cowboy classic or spaghetti western film. Y'all can stop on by any time on Wednesdays for a visit!



Chef  
Luis  
Pacheco



## Taste of the World

Friday, April 8 • 2:00 pm

Celebrate National Empanada Day with Chef Luis as he shows us how to make empanadas, and the various savory mixes that can be stuffed into them!

# EASTER

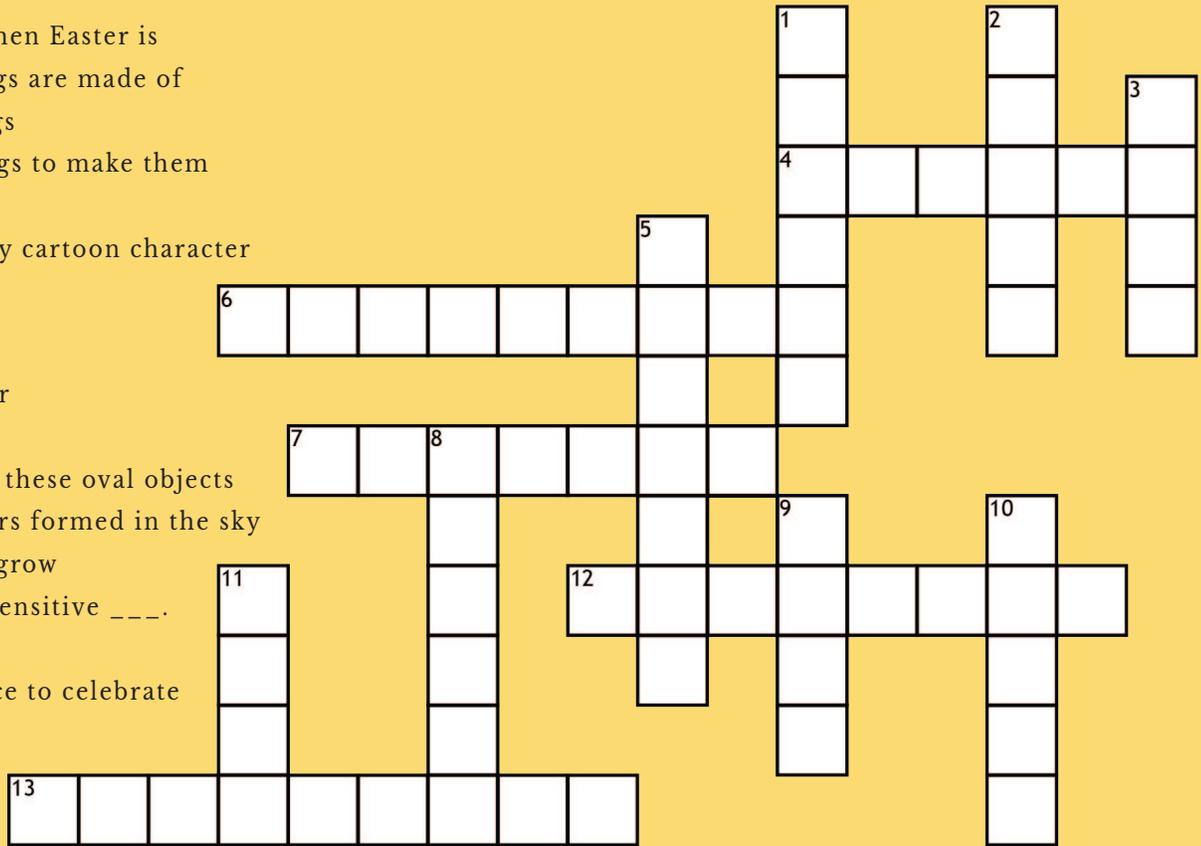
## CROSSWORD

### ACROSS

- 4 Time of year when Easter is  
 6 What Easter eggs are made of  
 7 Looking for eggs  
 12 We decorate eggs to make them  
 -----  
 13 Animated bunny cartoon character  
 in Loony Tunes

### DOWN

- 1 Easter container  
 2 A young bird  
 3 You see a lot of these oval objects  
 5 An arch of colors formed in the sky  
 8 Where flowers grow  
 9 A bunny has a sensitive \_\_\_\_.  
 10 Easter animal  
 11 Religious service to celebrate  
 Easter



*\*Crossword answers will be available at the concierge on the 15th of the month.*

Check out community photos on our social media.



REACH OUT TO OUR  
 FAMILY SPECIALIST

*Tahni Harp*

TO ARRANGE FOR A  
 LUNCH TOUR TODAY!  
 (818) 843-8268

#### OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment" we will initiate a warm and friendly greeting; treat residents with care and understanding and communicate clearly. We will do our part to implement the essentials of service excellence.

#### MEET OUR TEAM...

|                       |                           |
|-----------------------|---------------------------|
| <b>Leana Silva</b>    | Administrator in Training |
| <b>Mele Liu</b>       | Wellness Director         |
| <b>Mary Jeanty</b>    | Business Office Manager   |
| <b>Tahni Harp</b>     | Family Specialist         |
| <b>Dawna Butala</b>   | Move-In Specialist        |
| <b>Melody Flores</b>  | Activity Director         |
| <b>Martha Reyes</b>   | Activities Assistant      |
| <b>Luis Pacheco</b>   | Culinary Director         |
| <b>Angel Martinez</b> | Dining Room Manager       |

225 North Evergreen Street, Burbank CA 91505 / (818) 843-8268 / license: 197609022