

AUGUST 2022

COMMUNITY NEWSLETTER

# EVERGREEN

*Where You Live Matters*

*Chef Demo*

**TROPICAL  
HAWAIIAN  
PINEAPPLE TARTS  
AUGUST 9**

*August 9*

**LACMA VISIT**

6000 YEARS OF ART HISTORY

**SUMMER ROSE  
HIGH TEA  
AUGUST 27**

*Join us for an elegant  
afternoon.*

**HAWAIIAN LUAU**

*Wednesday, August 10 ~ starting at noon*

*Hawaii became the 50th state in the Union, so this month, we'll celebrate everything Hawaii!*

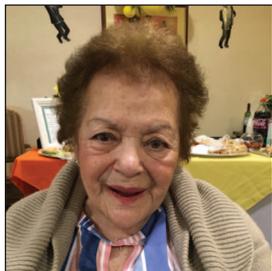
*Join us for our annual Tropical Hawaiian Luau, followed by Polynesian Luau Dancers!*

*We'll cap off our tropical adventure that evening with the Hawaiian film feature, "From Here to Eternity".*

**Sundays  
PORTS OF CALL  
HAWAII  
2:00 pm**

# RESIDENT SPOTLIGHT

ROSEMARY R.



Rosemary is extremely outgoing and active. She loves travel, shopping, and going on adventures. She is always game to join us in exploring places like Toluca Lake and Burbank, as well as many of the other varied places we visit. Rosemary is very happy at Evergreen. She has met all sorts of wonderful people here. Rosemary is glad she found us and is happiest when socializing, taking part in activities and hanging out with our other friendly residents.

## RESIDENT HAPPY HOUR

Get to Know  
OUR RESIDENTS!

Learn more about  
our Resident of the Month,  
**Rosemary R.**

on THURSDAY,  
AUGUST 25 AT 2:45 PM

Celebrate all of our August  
Resident Birthdays at our

*Birthday Party*

WITH KARAOKE!

FRIDAY, AUGUST 18 AT 2:30 PM



### RESIDENT BIRTHDAYS

Maria D. 8/11

### HOLIDAY CELEBRATIONS

- 8/03 National Watermelon Day
- 8/06 Natl. Root Beer Float Day
- 8/10 Hawaiian Luau
- 8/15 Natl. Relaxation Day
- 8/16 Natl. Tell a Joke Day
- 8/18 Never Give Up Day
- 8/21 Hawaii Joined the Union
- 8/27 Natl. Just Because Day
- 8/31 Eat Outside Day



### Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Sunday, Monday and Wednesday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!

### RELIGIOUS SERVICES

- Bible Study Club  
Saturday at 2:00 p.m.
- Church Outing on Sundays  
10:00 a.m.
- Shabbat: Friday at 5:00 p.m.

*The Beautician*  
IS IN

SUNDAY  
STARTING  
AT  
9:00 A.M.

PLEASE BOOK  
APPOINTMENTS THROUGH  
OUR CONCIERGE:  
**(818) 843-8268**

# AUGUST *Activities & Events*



## WOMEN'S SUPPORT GROUP

Tuesdays, 8/02, 09, 16, 23, 30 | 2:30 pm

This time represents a chance to get together for discussion and support with our other female residents about the common and relevant issues concerning or interesting you.

## MUSIC APPRECIATION

Saturdays, 8/06, 13, 20, 27 | 11:00 am

Whether it's Motown, American Folk, Pop Rock, Hard Rock or Rock n Roll, this represents an informal opportunity to dish on some of our favorite music genres.



## RESIDENT WORLD TRAVELS

Friday, August 12, 26 | 3:30 pm

Join Martha as she hosts a round table discussion where we'll talk about all the exciting destinations our globetrotters have had the opportunity to visit over the years!

## SILVER LINING JEWELRY METALLIC STATEMENT NECKLACE

Wednesday, August 17 | 2:30 pm

There's always a silver lining, you just have to know where look for it! And this activity represents your chance to make your own silver lining!



## RESIDENT COUNCIL MEETING

Thursday, August 25 - 2:00 pm



“

The summer night is like a perfection of thought.

~ Wallace Stevens



Lady Thistledown's  
SOCIETY PAPERS

August 2022

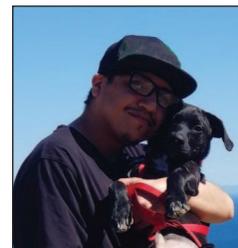
EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

*Dear Gentle Reader,*

All hail to the King! Legendary Rock and Royal Elvis Presley will be in the limelight throughout August. Every Thursday night this month, the Lord of Graceland will be making an appearance at 5:30 pm. We'll be featuring his music, his hip-swiveling dance, and his most popular screen gems.

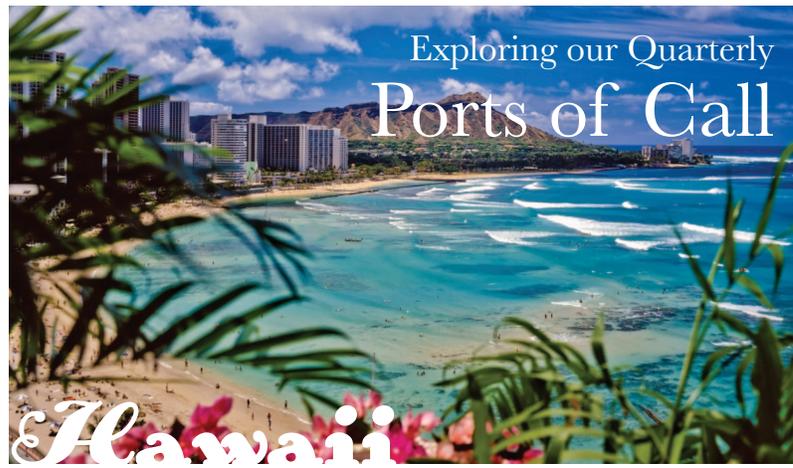
Speaking of hot performances, (and shades of *Blue Hawaii!*), we'll be bringing back everyone's favorite Polynesian Fire Dancers. They lit up the Luau last year, and we couldn't wait to see them again!

Aloha! And (in the words of the King)... *"thank you, thank you very much!"*



EMPLOYEE OF  
THE MONTH  
**JONATHAN B.  
Server**

Jonathan appreciates how his parents did everything they could to give him a better life here in America. Being a server at Evergreen makes him both happy and proud as he knows he's helping and socializing with our residents. He loves his fiancée Lupe and Easey, the puppy (shown with Jonathan in the above photo) she gifted him on Valentine's Day.



Exploring our Quarterly  
**Ports of Call**

Sundays at 2:00 pm

Learn all there is to discover about our furthest Western state, the islands of Hawaii! Learn all about Hawaii's various islands including their stunning beaches, culture, cuisines, music and the Aloha Spirit!

Tour with us every Sunday afternoon as we travel to the Big Island of Hawaii (8/07), Oahu (8/14), Maui (8/21), and Kauai (8/21). Throughout the month of August, we'll also explore Hawaii through art making Maile Ti Leaf Leis, and create a Luau Backdrop. Finally, join us on August 11 for a viewing of the popular Hawaiian movie, Elvis in *Blue Hawaii*.

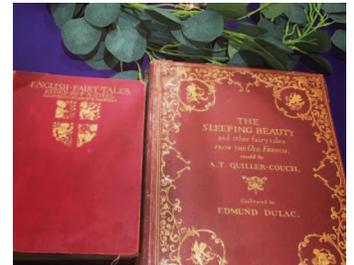
Summer Rose  
**High Tea**



Saturday, August 27 at 2:30

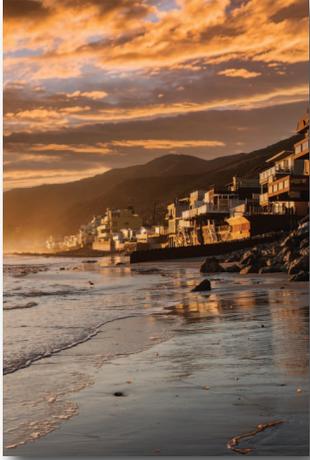
Also known as Afternoon Tea, High Tea involves all those fancy things like manners, lace, and dainty foods such as finger sandwiches, scones, and other delicious delectables. Please join us for an elegant afternoon that's all about sipping tea and discussing frivolities.

**MAKING** Memories that Last!  
**CELEBRATING** 4TH OF JULY &  
**NATIONAL FAIRY DAY**



## Community Outings

Join us on some fun adventures!



**Topanga Beach, Malibu**

**Tuesday, 8/02, 16, 30**

**10:00 am**

Join us for a visit to the first real beach in Malibu. Take in the beautiful views, and enjoy a lovely summer day and the wide sandy beach at Topanga Beach.



**LACMA**

**Tuesday, 8/09**

**10:00 am**

The largest art museum in the West is calling your name! With over 150,000 works of art spanning the history of time, come with us as we tour 6000 years of artistic expression from across the globe.

## Church Outings

*Every Sunday at 10:00 am*

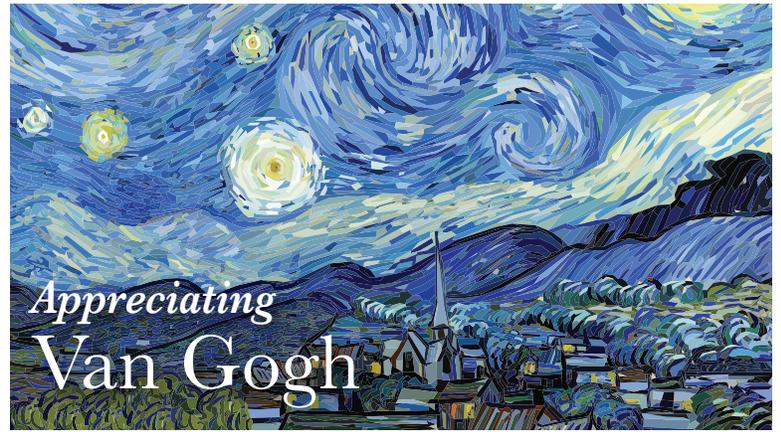
Those who are interested may join us every Sunday at 10:00 a.m. as we visit a local church for their Sunday sermon. Details will be available at the Concierge.



*Executive  
Director*

## Chat

**Thursday,  
August 11  
3:00 pm**



*Appreciating  
Van Gogh*

**Thursday, August 25 at 11:00 am**

Today, Vincent Van Gogh is a household name, most famous for his unique paintings, but while he was alive, he only sold a single painting. His genius was not appreciated in his lifetime, so here at Evergreen, we are doing our part to give him the recognition he so righteously deserves. Van Gogh is known for painting gorgeous landscapes, flowers, and a surprisingly large number of self-portraits. Despite being a Dutch artist, he was very influenced by Japanese woodblock art, and eventually became the father of the post-impressionism movement. While Van Gogh was a deeply disturbed man, it can't be denied that he was an extraordinary artist. Despite dying at the young age of 37, Van Gogh's artistic spirit lives on forever.

## Dehoven Director

*of the Month: Teea Risely*

The results are in, no appeals have been submitted, it's a sure thing! This month's recipient of this prestigious award goes to:

T- enacious  
E- nergetic  
E- mpathetic  
A- ttentive



Teea, your name befits you. With your Tenacious drive to fill our communities and your Energetic attitude, you bring positivity to those around you. Families and residents can attest to how Empathetic & Attentive you are to ensure that you recognize our residents' true needs, even when sometimes it may be hard for them to explain exactly what they are looking for.

We are honored to have Teea as part of the DeHoven family and are extremely proud of her accomplishments. She truly deserves to be this month's recipient of the 'Dove Award'.

Congratulations are in order for Teea and may we be blessed with many more successful years together!

5 - August 2022

MARK YOUR CALENDARS FOR OUR ANNUAL  
**Hawaiian Luau**  
WEDNESDAY, AUGUST 10  
BEGINNING AT NOON



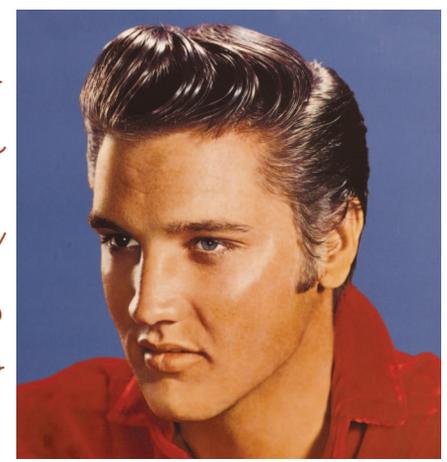
Aloha and welcome to an afternoon of total immersion into the Polynesian spirit! Our Luau brings island vibes and traditions to you in song, Polynesian dances. Enjoy the Spirit of the Islands as well as delicious Hawaiian cuisine.

Family & Guests are Invited



E hele k ua (Let's Party)!

# A Focus On Elvis Presley



## *The King*

Unofficially crowned the “King of Rock and Roll”, Elvis Presley was both an American singer and actor. He is regarded as one of the more significant cultural figures of the 20th century. Exhibiting an energized performance style with his songs, combined with his influences across color lines, led Presley to become one of the leading figures in the up and coming sound of rock and roll.

## *Elvis Presley in Film*

**Thursdays at 5:30 pm**

- 8/04 Elvis (2022)
- 8/11 Blue Hawaii
- 8/18 Jailhouse Rock
- 8/25 Love Me Tender

## *The Beauty Queen of Jerusalem*

**A NETFLIX SERIES: TUESDAYS AT 5:30 PM**

This Netflix series follows four generations of a Ladino-Sephardic family starting in the early 1900s, before the establishment of the state of Israel, through to the 1970s. This Israeli TV series is based on a book by the same name by Sarit Yishai Levy. The show first aired in June 2021 on the Yes Drama channel. The story unfolds against the backdrop of Jerusalem’s more recent history, taking place as the Ottoman Empire was coming to a close, then under The British Mandate rule, and through Israel’s War of Independence. *The Beauty Queen of Jerusalem* is a dazzling family saga about mothers and daughters, shocking secrets and betrayals, and the binding family curse that follows them.



**HAPPY  
LABOR  
DAY**

*Celebrating  
Labor Day  
Monday, September 5*

*Join us as we pay tribute to the  
contributions and achievements  
of our American workers!*



# Brain Exercises & Aerobics



**Every Monday at 2:15 pm**

Cognition refers to all of the mental processes involved in act of learning, comprehension, remembering, and the using of knowledge to problem solve. The study of how we think (cognition) dates all the way back to the time of the ancient Greek philosophers Plato and Aristotle. The earliest definition of “cognition” was presented in the first textbook on cognitive psychology, authored by psychologist Ulric Neisser and published in 1967. According to Neisser, cognition is “those processes by which the sensory input is transformed, reduced, elaborated, stored, recovered and used.”

Improving our brain fitness by exercising it is like taking your brain to the gym and putting it to work lifting weights! Please join us every Monday in August to discover more both about the effects of aging on our cognitive abilities, and what some of the brain training activities and constructive actions you can take to battle those effects. Listed below are the dates and topics we’ll be discussing.

- 8/01 Maturing and Exercise
- 8/08 Maturing and Physical Health
- 8/15 Maturing and Memory
- 8/22 Maturing and Attention
- 8/29 Maturing and Social Networks



*Chef Demo*

**TROPICAL HAWAIIAN  
PINEAPPLE TARTS**

**TUESDAY  
AUGUST 9  
3:30 PM**

**TIME TO WHET YOUR TROPICAL APPETITE FOR  
OUR EXCITING HAWAIIAN LUAU ON AUGUST 10  
WITH THESE DELICIOUS PINEAPPLE TARTS!  
BITE INTO THE BUTTERY CRUST, AND SAVOR  
THE SWEET YET TANGY SLICES OF PINEAPPLE!**

# SUMMER CROSSWORD

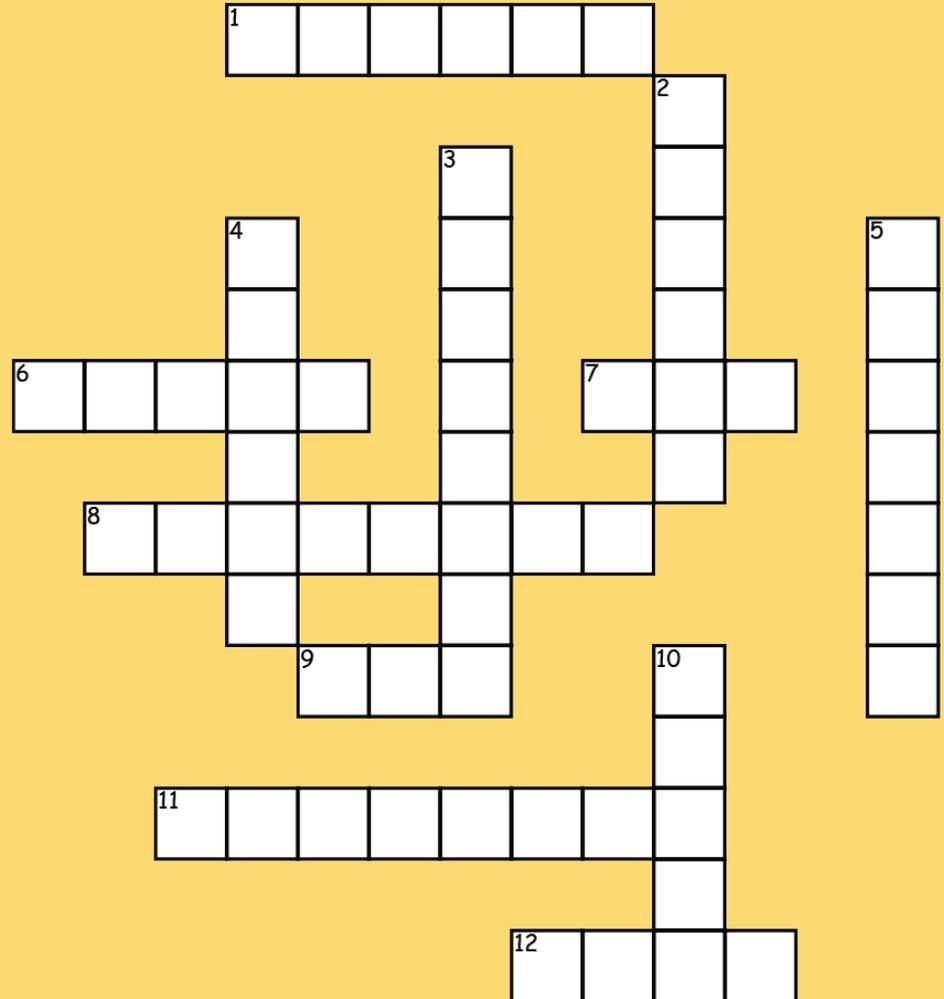
\*Crossword answers will be available at the Concierge on the 15th of the month.

## ACROSS

- 1 The warmest season of the year.
- 6 A place you go to see the ocean.
- 7 Opposite of cold.
- 8 Water sport propelling through water using limbs.
- 9 The only star in our solar system.
- 11 When life gives you lemons you make \_\_\_\_\_.
- 12 You build these castles at the beach.

## DOWN

- 2 A place you go everyday except in the summer.
- 3 Another word for going on a trip.
- 4 A packed meal to be eaten outdoors.
- 5 Open toes shoes also known as Flip-flops.
- 10 A huge body of saltwater covering about 71% of the Earth's surface.



Check out community photos on our social media.



REACH OUT TO OUR  
FAMILY SPECIALIST

*Tahni Harp*

TO ARRANGE FOR A  
LUNCH TOUR TODAY!

**(818) 843-8268**

### OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

### MEET OUR TEAM...

<b>Leana Silva</b>	Executive Director
<b>Marcia Mckay</b>	Wellness Director
<b>Mary Jeanty</b>	Business Office Manager
<b>Tahni Harp</b>	Family Specialist
<b>Dawna Butala</b>	Move-In Specialist
<b>Valentina Issaev</b>	Activity Director
<b>Martha Reyes</b>	Activities Assistant
<b>Luis Pacheco</b>	Culinary Director
<b>Angel Martinez</b>	Dining Room Manager

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