

DECEMBER 2022

COMMUNITY NEWSLETTER

EVERGREEN

Where You Live Matters

A FOCUS ON
**JULIANNE
MOORE**
THROUGHOUT
December

Thursday Mornings
**ARMCHAIR
TRAVEL**
TO SCANDINAVIA

December 16
**UGLY SWEATER
CONTEST**
DONNE YOUR WORST!

HOLIDAY OPEN HOUSE

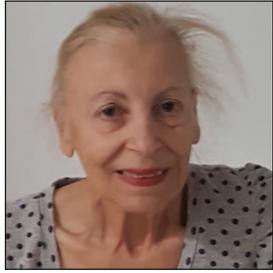
Holiday Tasting & Concert Event

Thursday, December 15 🎄 *1:00 to 4:00 pm*

Please stop by for a friendly holiday visit in December and enjoy a hot drink and waffle pops from our Evergreen Cocoa Bar!

RESIDENT SPOTLIGHT

LAVONNA A.



Born in Egypt, Lavonna and her parents moved to Israel when she was two years old. She moved to the U.S. in 1974. She was married for 15 years, and worked at her husband's law firm as his secretary. She has two lovely daughters, and three grandchildren whom she adores. Lavonna appreciates the wonderful care she receives at Evergreen. The caregivers are able to help her and check-in on her.

RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!
Learn more about our Resident of the Month,
Lavonna A.
on THURSDAY, DECEMBER 15 AT 3:00 PM
WITH LIVE ENTERTAINMENT

Celebrate all of our December Resident Birthdays at our

Birthday Party

ENJOY LIVE ENTERTAINMENT!
THURSDAY, DECEMBER 8 AT 3:00 PM

RESIDENT BIRTHDAYS

Lee F.	12/05
Sally S.	12/09
Audrey H.	12/11
Robert H.	12/14
Patricia L.	12/14
Yehuda V.	12/14
Clair R.	12/26

HOLIDAY CELEBRATIONS

12/01	Rosa Parks Day
12/07	Pearl Harbor Remembrance Day
12/12	Gingerbread House Day
12/15	Intl. Tea Day
12/17	Ugly Sweater Day
12/18	Hanukkah begins
12/21	Winter Solstice
12/24	Christmas Eve
12/25	Kwanzaa begins
12/31	New Year's Eve

Transportation & Concierge Information

Complete peace of mind is our priority in all our communities. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Mondays and Wednesdays are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!

RELIGIOUS SERVICES

Bible Study Club
Saturday at 2:00 p.m.
Church Outing on Sundays
10:00 a.m.
Shabbat: Friday at 5:00 p.m.

The Beautician IS IN

SUNDAY STARTING AT 9:00 A.M.

PLEASE BOOK APPOINTMENTS THROUGH OUR CONCIERGE:
(818) 843-8268



COMMUNITY TREE DECORATING

Friday, 12/02 | 2:30 pm

Let's kick off this holiday season by decorating our beautiful community holiday tree!

COMFY PAJAMA AFTERNOON TEA PARTY

Monday, 12/05 | 2:30 pm

Time to get cozy with the gang in your favorite PJs with a cuppa in hand! Now just to decide... caffeine or herbal?



WOMEN'S SUPPORT GROUP

Tuesday, 12/06, 13, 20, 27 | 2:00 pm

This popular ladies' group is a safe place to share your experiences and discuss issues or problems that you may be experiencing. Resident Claire, an F&M therapist helps to run the group.

BUTTERFLY BOUTIQUE POP UP STORE

Wednesday, 12/21 | 11:00 am

Holiday shopping was never made easier! Get your gifts as the *Butterfly Boutique On The Go* pop-up shop here. Staff and Residents are invited. Cash or cards.



RESIDENT COUNCIL MEETING

Thursday, 12/22 - 2:00 pm



“

What gives you pleasure and joy? Let those be the things that lead you forward in life.”

~ *Julianne Moore*



**EMPLOYEE OF THE MONTH
CARINA V.
Head Housekeeper**

Carina loves working with seniors and has been doing so for over six years! She loves working with older adults because she learns so much from them every day. She is very patient and caring with our residents and they appreciate the hard work she does for them. In her spare time, Carina enjoys spending time at Disneyland with her three boys, and playing board games and having movie nights with them. Thank you, Carina, for your hard work!



Lady Thistledown's
SOCIETY PAPERS

December 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Dear Gentle Reader,

While my musical tastes tend towards the classical, I do have a special fondness for classic rock. And like me, you might be surprised to discover that our resident Beverly A. rocks out regularly as part of a senior citizen rock band group that just formed in North Hollywood. You can catch her act at some local senior hang outs. While her personal favorite is the Don Henley-fronted rock band *The Eagles*, this talented lady specializes in covers from other favorite raspy rock 'n' rollers like Stevie Nicks and Rod Stewart. Beverly is testament to the fact that you can always be "Forever Young".

Cheers and Ta Ta!



ARMCHAIR TRAVELS AT OUR THURSDAY MORNING COFFEE KLATCHES

Winter is the perfect time for us to take our armchair travels to the subregion in Northern Europe of Scandinavia. This region became notable during the Viking Age (793 to 1066 AD) during which, the Scandinavian peoples participated in large scale raiding, conquest, colonization and trading mostly throughout Europe. Utilizing their longships for exploration, they were the first Europeans to reach North America. Coming centuries saw numerous wars between the Scandinavian countries that eventually shaped the modern-day borders. Every Thursday, we'll explore one of the countries that make up Scandinavia, while enjoying a delicious uniquely flavored coffee.



Denmark

Toasted Hazelnut Café

Discover the Nordic country of Denmark, the southernmost of the Scandinavian countries. It is also the most populous and politically central of the Kingdom of Denmark, which also includes the Faroe Islands and Greenland in the North Atlantic Ocean.



Norway

Vanilla Latte Café

The Kingdom of Norway occupies western and northernmost portion of the Scandinavian Peninsula. The capital and largest city in Norway is Oslo and its population numbers about 5.5 million.



Sweden

Apple Cinnamon Teahouse

Sweden is the largest Nordic country, the third largest country in the EU, and the fifth largest country in Europe. Its population numbers 10.5 million and its capital is Stockholm.



Finland

Pumpkin Spice Café

Finland was first inhabited around 9000 BC after the Last Glacial Period, and most of its inhabitants are ethnic Finns. It has been ranked first in every annual *World Happiness Report* since 2018.



Iceland

Melting Snow Irish Cream Café

The most sparsely populated country in Europe, its capital and largest city Reykjavik is home to over 65% of the population.



CRAFT

c o r n e r



Smells good! *Holiday Reed Diffusers*

Friday, 12/02 | 3:30 pm
Bringing that special holiday smell straight into your home is what this craft is all about.



Just like olden times *Vintage Paper Ornaments*

Tuesday, 12/06 | 3:30 pm
Let's make some fun using paper stock to recreate vintage paper Christmas ornaments based on the real ones!



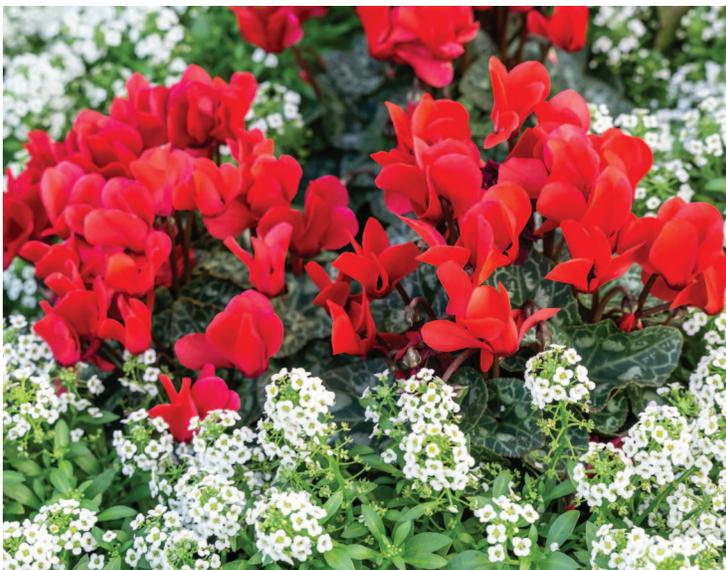
Delicious! *Gingerbread House Decorations*

Tuesday, 12/13 | 3:30 pm
Celebrate Gingerbread House Day and decorate your own festive Gingerbread House!



Hang a little sweetness! *Honeycomb Wreaths*

Tuesday, 12/20 | 3:30 pm
Who knew toilet paper rolls could look so wonderfully sweet?



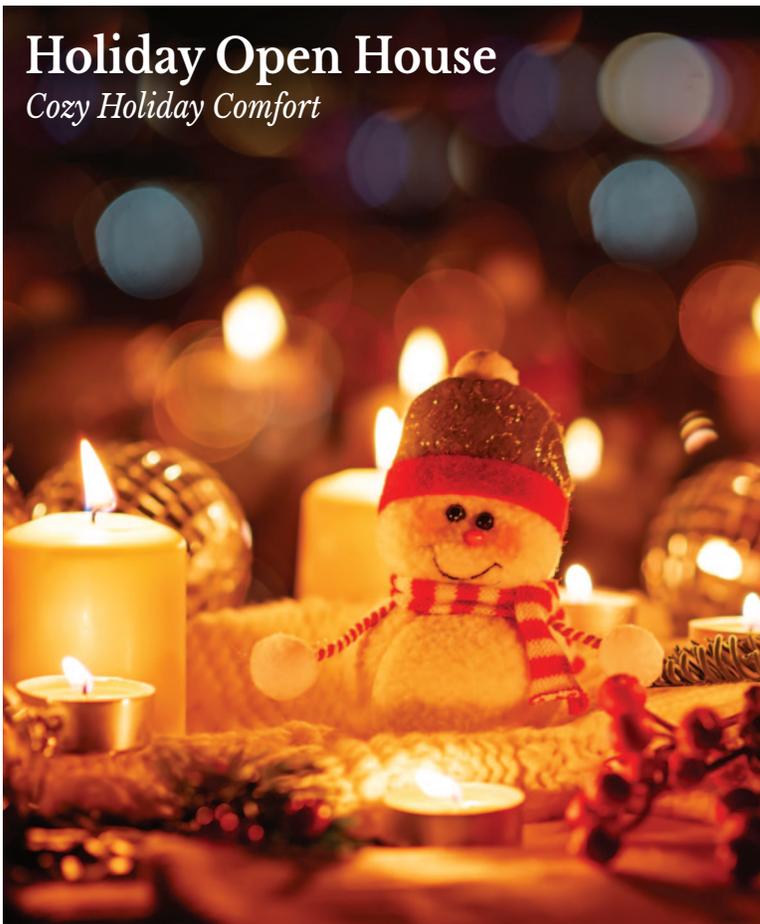
Winter Gardening

FRIDAYS, 12/09 AND 23 AT 2:30 PM

Slide your gardening gloves on and let's get to planting! Now's our chance to add some lovely winter flowers to our gardens in time for the winter solstice that begins on December 21st. Let's brighten up the holidays by planting some beautiful red and white flowers!

Holiday Open House

Cozy Holiday Comfort



Please plan to stop by for a friendly visit at our Cozy Christmas Open House in December. Celebrate the holidays with a hot drink and waffle pops from our Evergreen Cocoa Bar while you enjoy some cozy holiday comfort!!

Thursday, December 15  1:00 to 4:00 pm

Please R.S.V.P. at your convenience to our concierge at (818) 843-8268



Executive
Director
Chat

Friday,
12/09
2:00 pm



A Focus On Julianne Moore



A Bold Red Head

The talented actress Julieanne Moore is really Julie Anne Smith's professional name. This Academy Award (*Still Alice*) winning actress began her career on the popular soap opera *As the World Turns*, winning her a Daytime Emmy. She's gone on to star in many blockbuster films as well independent films. Moore has also written a series of children's books about a character named "Freckleface Strawberry". In 2020, *The New York Times* named her one of the greatest actors of the 21st century.

Mochas and Movie Stars

Wednesday, 12/ 21 at 9:30 am

Discover everything you need to know about Julianne Moore!

Julianne Moore in Film

Wednesdays at 2:30 pm

- 12/07 *Still Alice* (2014)
- 12/14 *Crazy, Stupid, Love* (2011)
- 12/21 *The Glorias* (2020)
- 12/28 *Wonderstruck* (2017)



Monday Mornings Holiday Rock Café

Join us for a cup of Joe as we serve up holiday rock song favorites like Brenda Lee's 1958 "Rockin' Around the Christmas Tree" (did you know she was just 13 years old when she recorded that song?) and other long-time favorites!



Celebrate
**NEW YEAR'S
EVE**



SATURDAY, DECEMBER 31
3:00 pm

**MOULIN
ROUGE!**
NYE Mingle

RING IN THE NEW YEAR!

CELEBRATING EVERY DAY LIFE!



WINTER HOLIDAY CROSSWORD

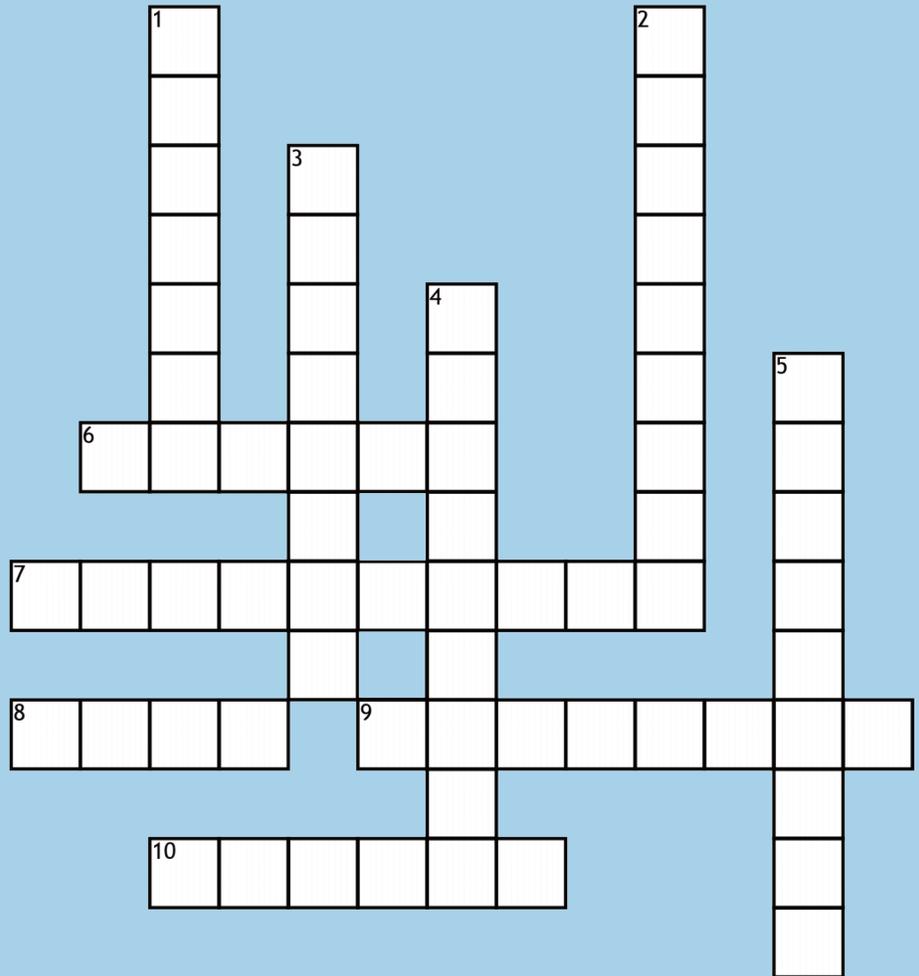
*Crossword answers will be available at the Concierge on the 15th of the month.

ACROSS

- 6 The popular Jewish potato pancakes are called what?
- 7 What jolly old fellow lives at the North Pole?
- 8 A popular New Year's Eve activity is to watch the _____ drop in Times Square in NYC.
- 9 The three colors of Kwanzaa are red, green and black. What does the red symbolize?
- 10 The origin of St. Nicholas can be traced back to the 4th Century AD in what modern-day country?

DOWN

- 1 What December holiday celebrates African Americans' ancestral roots?
- 2 This annual religious and cultural celebration is observed on December 25.
- 3 The holiday known as the Festival of Lights is called what?
- 4 It is a well-known holiday tradition to kiss under a sprig of this herb.
- 5 What is Gelt made out of?



Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Sheina Oratz

TO ARRANGE FOR A
LUNCH TOUR TODAY!
(818) 843-8268

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

MEET OUR TEAM...

Leana Silva	Executive Director
Shirley Romero	Wellness Director
Sonia Nault	Business Office Manager
Sheina Oratz	Family Specialist
Dawna Butala	Move-In Specialist
Lucy Pringle	Activity Director
Martha Reyes	Activities Assistant
Luis Pacheco	Culinary Director
Josue Paulin	Dining Room Supervisor

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