# Activities & Events



# Karaoke Mondays

Mondays at 3:30 pm Unleash the superstar

within and be prepared to belt out your favorite tunes!



## PopVision Live Performance

Thursday, 1/11 at 3:00 pm

Our Thursday evening Happy Hour is about to get really upbeat when this Top 40 cover band shows up to put on a show!



# It's Volleyball Time!

Varied dates at 3:30 pm

Residents love these balloon volleyball games so be sure and join in on these team games. The more people, the better!



#### RESIDENT BIRTHDAYS

1/03 Bonnie R. 1/03 Arcadio

> Sheina 1/03

1/10 Jerry M.

1/25Louise Q.

John F. 1/26

1/26 Maria F.

> 1/28 Rosie

#### **HOLIDAY CELEBRATIONS**

1/01 New Year's Day

Martin Luther King Jr. Day 1/15

1/19 Nat'l Popcorn Day

1/20 Take a Walk Outdoors Day

1/24 Tu B'Shevat at sundown

1/27 Holocaust Remembrance Day

1/29 Nat'l Puzzle Day

1/31 Hot Chocolate Day

#### **RESIDENT COUNCIL MEETING**

Wednesday, January 17 at 2:30 pm

#### **RELIGIOUS SERVICES**

Bible Study Club Saturday at 2:00 p.m. Shabbat: Friday at 5:00 p.m.

### **Transportation** & Concierge Information

Complete peace of mind is our priority in all our communities. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Tuesdays and Thursdays are available for Medical Appointments. Please schedule your appointments with Jasmin, our Wellness Coordinator at (818) 843-8268 today!

## The Beautician

Open Sunday starting at 9:00 am Please book appointments through our Concierge: (818) 843-8268





# Birthday Party Time

We'll celebrate all of our

# January Resident Birthdays with cake and balloons on their individual birthdays!

## OLDAY SEASON CRAFTING



















# January, Highlights



# MONDAY MORNING WORKOUTS W/LAIZA

Mondays I 10:45 am

Join Laiza every Monday morning and be prepared for a variety of workout designed to get you moving and your heart rate up!



Varied dates 1 11:15 am
Don't miss this spinoff of the
Korean mega hit show, only this
time, no one dies, and the winner
gets \$4.5 million!





**PILATES** 

Friday, 1/05 & Wednesday, 1/10 10:45 am

As a strength training exercise, Pilates can help to improve balance, strengthen your core, increase flexibility, and even reduce pain.



Friday, 1/26 I 2:30 pm

Artists, it's time to prettify a boring candle and turn it into a work of art! Decorate you own room or give it as a gift!





CORNHOLE

Thursday, 1/31 I 3:35 pm

Everyone likes a fun game of cornhole... and hey, it's a lot safer than a game of darts!

# **MAKING MEMORIES**

















## **NEW YEAR'S**

#### **CROSSWORD**

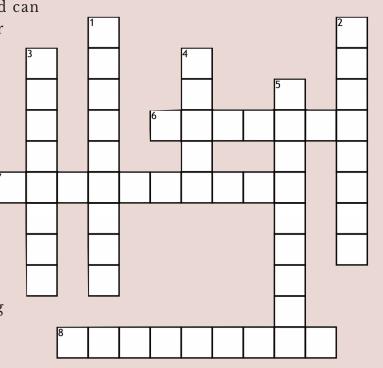
\*Crossword answers will be available at the Concierge on the 15th of the month.

#### **ACROSS**

- 6 Natural latex item made from rubber and can be filled with air, helium, water, or other liquids or gas.
- 7 A firm decision to do or not do something; at New Year's, this may include more than one commitment.
- 8 A point in time or space at which something starts.

#### DOWN

- What are low explosive pyrotechnic devices used for entertainment called?
- 2 The exact middle of the night, specifically 12 o'clock at night.
- 4 A public gesture to appreciate something usually with words and lifting of a glass.
- 5 The act of counting numbers in reverse order to zero.



# Check out community photos on our social media.





FAMILY SPECIALIST

David Rogatsky

TO ARRANGE FOR A

TOUR TODAY!

(818) 843-8268

#### **OUR SERVICE PLEDGE**

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

#### **MEET OUR TEAM...**

Amber LeighExecutive DirectorJoan BooninWellness DirectorJasmin SaldivarWellness CoordinatorRosie JulinekBusiness Office ManagerSheina OratzFamily SpecialistLaiza PalaciosActivity Director

Laiza Palacios Activity Director
Luis Pacheco Executive Chef
Josue Paulin Dining Director

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