

MAY 2022

COMMUNITY NEWSLETTER

EVERGREEN

Where You Live Matters

CINCO DE MAYO MAY 5

Everyone will be "tac-o" our Taco Bar and Mariachi band entertainment!

May 25

**TAP
DANCING**
YOUNG LADIES
PERFORM THIS
POPULAR DANCE

MEMORIAL DAY BBQ MAY 5

*Honoring those in the
US Military who
have served our
country*

MOTHER'S DAY BRUNCH

Friday, May 6 at 11:00 am

Enjoy mimosas and both savory and dessert crepes

as we celebrate all of our cherished mothers and all of the wonderful things they do for us!

RESIDENT SPOTLIGHT

JOANNA C.



Joanna is originally from Philadelphia and later moved to California. She is a movie buff and proudly binges on most of the critically acclaimed network series. She's a peaceful, humble, disarming free spirit with an excellent sense of humor that brings all of us joy when we interact with her.

RESIDENT HAPPY HOUR



Get to Know
OUR RESIDENTS!
Learn more about
our Resident of the Month,
Joanna
on FRIDAY,
MAY 27 AT 3:00 PM

WESTERN WEDNESDAYS!



Saddle up pardner, and head back in time for a Wednesday visit with the Ol' West!

RESIDENT BIRTHDAYS

| | |
|------------|------|
| Joanna C. | 5/09 |
| Stephen B. | 5/22 |
| Donna L. | 5/28 |
| Adriano G. | 5/31 |

HOLIDAY CELEBRATIONS

| | |
|------|-----------------------------|
| 5/01 | National Lemonade Day |
| 5/05 | Cinco de Mayo |
| 5/08 | Mother's Day |
| 5/15 | National Chocolate Chip Day |
| 5/30 | Memorial Day |

RELIGIOUS SERVICES

faith

Christian Bible Study
Saturday at 3:00 p.m.
Catholic Services
Sunday at 11:00 a.m.
Shabbat
Friday at 4:00 p.m.

Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Monday, Wednesday and Friday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!

The Beautician IS IN



SUNDAY STARTING AT 9:00 A.M.

PLEASE BOOK APPOINTMENTS THROUGH OUR CONCIERGE:
(818) 843-8268

MAY Activities & Events



GOURMET ICED LEMONADE PARTY

Sunday, May 1 | 2:00 pm

Sometimes called “comfort food in a glass”, and in recognition of National Lemonade Day, join us as we turn lemons into lemonade!

MAY THE FOURTH BE WITH YOU!

Wednesday, May 4 | 5:00 pm

It was the 1977 release of “Star Wars” that changed Hollywood forever, and four decades later, we’re still enthralled. Join us on National Star Wars Day as we revisit its epic space universe.



TAP DANCING CHICKS

Wednesday, May 25 | 2:00 pm

Everyone loves the noisy, popular dance of tap! Enjoy the rhythmic patterns of a dance that is usually to music, and that sometimes, creates the music itself!

MEMORIAL DAY COOK OUT

Monday, May 30 | 11:30 am

Enjoy the first cookout of the summer as we honor those American men and women who have served in the military of our country.



RESIDENT COUNCIL MEETING

Thursday, May 26 - 3:00 pm



“

The influence of a mother in the lives of her children is beyond calculation.

~ James E. Faust



Lady Thistle's SOCIETY PAPERS

May 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Dear Reader,

I just stumbled upon a tantalizing tidbit of cinematic musical history from EG resident Chuck Conklin. I don't think he'll mind me sharing this with our readers. While in the US Marine Corps, he served alongside actor Daniel Truhitte who played that deliciously hunky Austrian telegram delivery officer, and Liesl Von Trapp's love interest in everyone's favorite musical, *The Sound of Music!* I'm sure everyone has sung along to his memorable duet with Liesl, *Sixteen Going on Seventeen*. Truhitte (actually an American born in Sacramento!) played disappointing proto-Fascist, Rolf Gruber. We now share a connection to this talented singer, actor, and dancer. Thanks, Chuck!



EMPLOYEE OF THE MONTH OFA T. Housekeeper

Ofa has been the housekeeper at Evergreen for many years now. She has a soft, gentle approach that is always reassuring and soothing to our residents. Everyone respects and trusts her because she is always quick to say “yes, I've got it” to anything you ask of her, then completes that task flawlessly. We're so glad we have Ofa with us!

Sunday

Monday

Tuesday

Wednesday

| | | | |
|---|---|--|--|
| <p style="text-align: right;">1</p> <p>9:00 Coffee Klatch 10:30 Aerobics 12:45 Bingo 2:00 Gourmet Lemonade Slushies 3:00 Blackjack 5:00 Hairspray (1988)</p> <p style="text-align: center;">May Day</p> | <p style="text-align: right;">2</p> <p>9:00 Hot Coco Lounge 10:30 Patio Gardening 11:00 Yoga Class 12:45 Bingo 2:00 Domino Tournament 3:00 Coffee Filter Flowers 5:00 Thelma & Louise (1991)</p> | <p style="text-align: right;">3</p> <p>9:00 Artists' Cafe: Frederick Childe Hassam 10:30 Golden Era Exercise 12:45 Bingo 2:00 Heart & Flower Garland 3:00 Loteria! & Fanta 5:00 Caddyshack (1980)</p> | <p>9:00 Darth Vader 10:30 Golden Era 12:45 Bingo 2:00 Western V Root Beer 3:00 Firework S 5:00 May The F You: Star</p> |
| <p style="text-align: right;">8</p> <p>9:00 Ma's Coffee Talk 10:30 Zumba 12:45 Bingo 2:00 Mothers Day Tea Party 3:00 Cards & Domino Tournament 5:00 Mama Mia (2018)</p> <p style="text-align: center;">Mother's Day</p> | <p style="text-align: right;">9</p> <p>9:00 Opera Tea Lounge 10:30 Resistance Bands! 11:00 Yoga Class 12:45 Bingo 2:00 Volleyball 3:00 Karaoke Hour! 5:00 The Parent Trap (1961)</p> <p style="text-align: center;">Happy Birthday Joanna C.</p> | <p style="text-align: right;">10</p> <p>9:00 Union Square Cafe & Park Discussion 10:30 Golden Era Exercise 12:45 Bingo 2:00 Sea Shell Ornaments 3:00 Activity Calendar Forum 5:00 American Graffiti (1973)</p> | <p>9:00 John Way 10:30 Golden Era 12:45 Bingo 2:00 Wellness Health & I 3:00 Hand Dott 5:00 Stand By I</p> |
| <p style="text-align: right;">15</p> <p>9:00 Hot Coco Lounge 10:30 Oldies Dance Party 12:45 Bingo 2:00 Dominos Tournament 3:00 Jewelry Making 5:00 Monsieur Hulot's Holiday (1953)</p> | <p style="text-align: right;">16</p> <p>9:00 Classical Music Café 10:30 Musical Aerobics 11:00 Yoga Class 12:45 Bingo 2:00 Loteria! & Agua Frescas 3:00 Straw Blown Painting 5:00 The Endless Summer (1966)</p> | <p style="text-align: right;">17</p> <p>9:00 Jazz Café: Artie Shaw Discussion 10:30 Golden Era Exercise 12:45 Bingo 2:00 Travel Club: East Coast Rhode Island 3:00 Rock Photo Holder 5:00 Beaches (1988)</p> | <p>9:00 Wild West 10:30 Golden Era 12:45 Bingo 2:00 Cycling 3:00 Homemac 5:00 Crazy Rich</p> |
| <p style="text-align: right;">22</p> <p>9:00 Classical Music Café 10:30 Chair Zumba 12:45 Bingo 2:00 Card Tournament 3:00 Volleyball 5:00 Karate Kid (1984)</p> | <p style="text-align: right;">23</p> <p>9:00 NYC Diner Cafe 10:30 Dance to that Tune 11:00 Yoga Class 12:45 Bingo 2:00 Badminton & Oldies 3:00 Bracelet Making 5:00 Weekend at Bernie's (1989)</p> | <p style="text-align: right;">24</p> <p>9:00 Trivia Tea Time! 10:30 Golden Era Exercise 12:45 Bingo 2:00 Names on Canvas 3:00 Crossword Puzzles 5:00 Charlies Angels (2000)</p> | <p>9:00 John Way 10:30 Golden Era 12:45 Bingo 2:00 Tap Dance Event 3:00 Clothes P 5:00 Sister Act</p> |
| <p style="text-align: right;">29</p> <p>9:00 Game Show Cafe 10:30 Musical Yoga 12:45 Bingo 2:00 Volleyball 3:00 Loteria! & Conchas 5:00 Wild Strawberries (1957)</p> | <p style="text-align: right;">30</p> <p>9:00 Liberty Cafe 10:30 Virtual Cycling 11:00 Yoga 11:30 Patriotic Patio Cookout 12:45 Bingo 2:00 Aerobics with oldies 3:00 Yarn-Wrapped Patriotic Letters</p> <p style="text-align: center;">Memorial Day</p> | <p style="text-align: right;">31</p> <p>9:00 Broadway Tea Talk 10:30 Golden Era Exercise 12:45 Bingo 2:00 Cards & Blackjack 3:00 Balloon Darts on Canvas 5:00 The Seventh Seal (1957)</p> <p style="text-align: center;">Happy Birthday Adriano G.</p> | |

| Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|
| <p>4</p> <p>er Cafe a Exercise</p> <p>Wednesday: Floats Salt Painting Fourth Be With Wars (1977)</p> | <p>5</p> <p>9:00 Canella Cafeteria 10:30 Salsa Dancing 11:30 Mariachi / Taco Bar 12:45 Bingo 2:00 Tissue Paper Mosaics 3:00 Food Committee Mtg. 5:00 Casablanca (1942)</p> <p>Cinco de Mayo</p> | <p>6</p> <p>9:00 East Coast Blends 10:30 Dance to that Tune 11:00 Patio Yoga Class 11:30 Mother's Day Brunch! 12:45 Bingo 2:00 Mothers' Arts & Crafts 3:00 Happy Hour with Piano 5:00 Summertime (1955)</p> | <p>7</p> <p>9:00 Jazz Café 10:30 Endurance Workout 12:45 Bingo 2:00 Volleyball 3:00 Worship Services 4:00 Cross word Puzzles 5:00 Little Miss Sunshine (2006)</p> |
| <p>11</p> <p>ne Coffee a Exercise</p> <p>talk: Senior Fitness ed Tumblers Me (1986)</p> | <p>12</p> <p>9:00 Cony Island Café 10:30 Cycling with Weights 12:45 Bingo 2:00 Afternoon Mosey 3:00 Chat w/ Leana (Director) 4:00 Paper Hummingbirds 5:00 My Girl (1991)</p> | <p>13</p> <p>9:00 Rockefeller Coffee 10:30 Aerobics 11:00 Patio Yoga Class 12:45 Bingo 2:00 Chef Demo: Chocolate Chip Cookies 3:00 Happy Hour w/ Popcorn 5:00 The Sting (1973)</p> | <p>14</p> <p>9:00 Coffee Klatch 10:30 Weight Training 12:45 Bingo 2:00 Badminton 3:00 Worship Services 4:00 Button Butterflies 5:00 The Seven Year Itch (1955)</p> |
| <p>18</p> <p>t Saloon a Exercise</p> <p>de Bird Feeders n Asians (2018)</p> | <p>19</p> <p>9:00 East Coast Blends 10:30 Dance to that Tune 12:45 Bingo 2:00 Volleyball 3:00 Name Key Chains 5:00 Dirty Dancing (1987)</p> | <p>20</p> <p>9:00 Lady Liberty Café 10:30 Virtual Cycling 11:00 Patio Yoga Class 12:45 Bingo 2:00 Blackjack Tournament 3:00 Happy Hour w/ Hotdogs & Popcorn 5:00 Summer of '42 (1971)</p> | <p>21</p> <p>9:00 Opera Tea Lounge 10:30 Chair Zumba 12:45 Bingo 2:00 Jenga 3:00 Worship Services 4:00 Wind Chimes! 5:00 Mystic Pizza (1988)</p> <p>Armed Forces Day</p> |
| <p>25</p> <p>ne Coffee a Exercise</p> <p>ing Chicks in Wreaths 2 (1992)</p> | <p>26</p> <p>9:00 Lady Luck Café 10:30 Weight Training 12:45 Bingo 2:00 Mason Jar Candle Holders 3:00 Resident Council Mtg. 5:00 The Mask (1994)</p> | <p>27</p> <p>9:00 Hot Coco Lounge 10:30 Endurance Aerobics 11:00 Patio Yoga Class 12:45 Bingo 2:00 Birdwatching 3:00 New Resident Happy Hr 5:00 To Wong Foo, Thanks for Everything (1995)</p> | <p>28</p> <p>9:00 Mocha Cafe 10:30 Dance to that Tune 12:45 Bingo 2:00 Badminton 3:00 Worship Services 4:00 Dominos Tournament 5:00 The First Wives Club (1996)</p> <p>Happy Birthday Donna L.</p> |

May 2022

MONTHLY CALENDAR

be contacted at Activities@evergreenretire.com This Calendar is subject to change without notice.

Please enjoy our
Mother's Day
MIMOSA & CREPES BRUNCH



Celebrate *an early*
Mother's Day With Us!

Friday, May 6, 2022

11:30 am



We're pulling out all the stops for these favorite persons in the universe! This special day is meant to celebrate our mothers, with a very delectable Mother's Day Mimosa & Crepes Brunch.

Please RSVP to our concierge at (818) 843-8268.

NOSTALGIC
Corner
SPILL THE TEA
MEMORIES

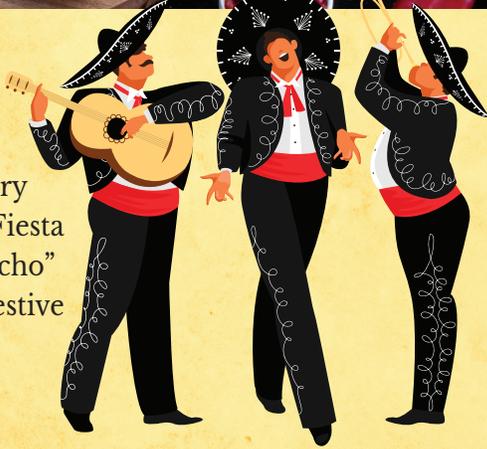


You are invited to attend our
CINCO DE MAYO FIESTA



**Thursday, May 5
 11:30 am**

Commemorate the anniversary of Mexico's victory at the Battle of Puebla! Our Fiesta celebration will include a "nacho" ordinary Taco Bar. Enjoy a festive Mariachi Band performance while sipping on margaritas.



DANCE TO THAT TUNE!

Get crazy and work up an appetite during our pre-lunch *Dance to That Tune* activities. Enjoy your favorite Oldies But Goodies from the 50s and 60s. Both residents and employees alike take part in these fun freestyle dancing activities, and we invite you to join in! Sing, shuck and jive, promenade, or event join in on a Conga line at our exhilarating "Dance to That Tune" events.



Monday Yoga
WITH GEORGE

Did you know that the slow graceful movements of regular yoga, and the deep breathing that accompanies it can help improve your strength and flexibility? The practice of yoga increases blood flow in the body and warms up the muscles. Holding a pose helps to increase strength, stretches the muscles, and can help to ease back pain and discomfort, and ultimately, improve mobility. Those who practice Yoga often experience a burst of alertness and enthusiasm, increased mental and physical

energy, and elevated energy and accompanying brighter moods. Join George every Monday, to bring a bit of harmony between both your mind and body.



**Chef
 Luis
 Pacheco**

Chef Demo

Friday, May 13 | 2:00 pm

CHOCOLATE CHIP COOKIE

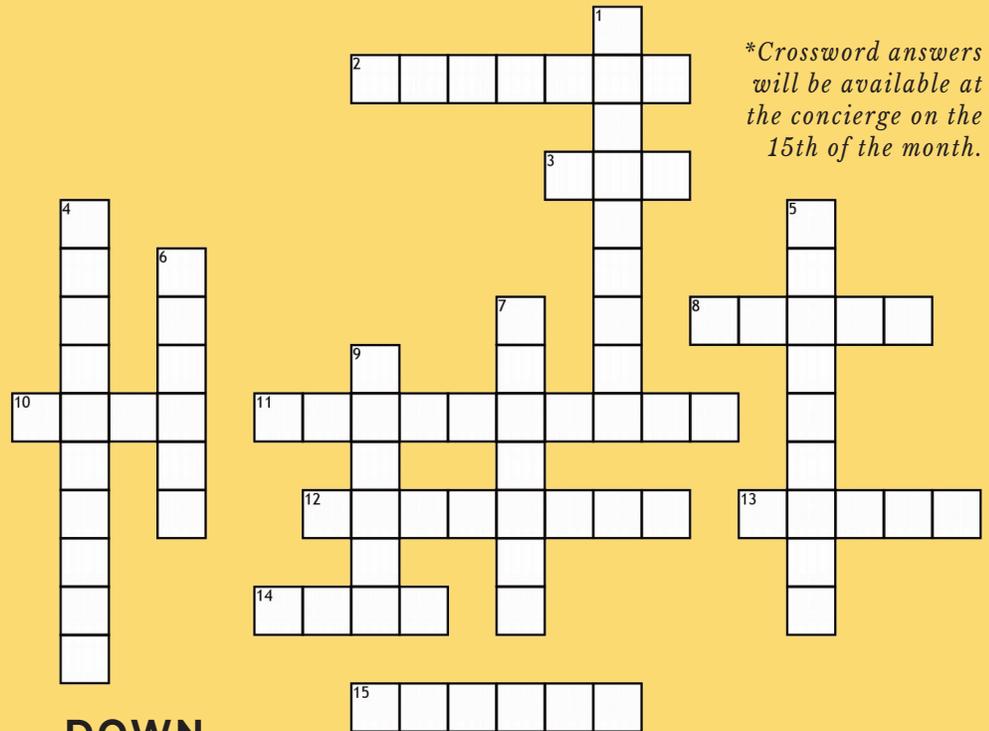
Join us as we pay tribute to National Chocolate Chip Day with a Chef's Demo to make this simple, yet scrumptious chocolate chip cookie!

MOTHER'S DAY

CROSSWORD

ACROSS

- 2 Something you can give your mother: a bouquet of _____.
- 3 The month when Spain and the USA celebrate Mother's Day.
- 8 The month when Mother's Day is celebrated in the UK. (Hint: BEFORE Easter).
- 10 A sweet dessert (pastry) you can make for your mother.
- 11 Small and sweet things that you can give your mother as a gift; a box of _____.
- 12 _____ give gifts to the mothers on Mother's Day.
- 13 Thing you give to another person to say thank you to celebrate something.
- 14 A small paper item you can give as a gift to your mother.
- 15 The season when most countries celebrate Mother's Day.



*Crossword answers will be available at the concierge on the 15th of the month.

DOWN

- 1 _____ in bed; a way to thank your mother on Mother's Day.
- 4 A place to go out and eat.
- 5 A type of flower that represents Mother's Day; a white _____.
- 6 The first people to celebrate mothers were the ancient _____.
- 7 The word for a special day of the year that is celebrated by people.
- 9 The word for a female parent.

Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Tahni Harp

TO ARRANGE FOR A
LUNCH TOUR TODAY!
(818) 843-8268

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

MEET OUR TEAM...

| | |
|-----------------------|--------------------------------|
| Leana Silva | Executive Director in Training |
| Mele Liu | Wellness Director |
| Mary Jeanty | Business Office Manager |
| Tahni Harp | Family Specialist |
| Dawna Butala | Move-In Specialist |
| Melodie Flores | Activity Director |
| Martha Reyes | Activities Assistant |
| Luis Pacheco | Culinary Director |
| Angel Martinez | Dining Room Manager |

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