

SEPTEMBER 2022

COMMUNITY NEWSLETTER

# EVERGREEN

*Where You Live Matters*

POETRY  
CAFÉ  
THURSDAYS

*Saying goodbye to  
the Summer Season*

Join our  
WEDNESDAYS  
OUTINGS  
discovering  
Los Angeles!

*September 11*

GRANDPARENTS' DAY  
SODA FOUNTAIN

CELEBRATE AND INDULGE!

## A FOCUS ON GRETA GARBO

*Get to know the woman behind the face that launched over thirty films  
every Wednesday this month as we explore her life and her films.*

# RESIDENT SPOTLIGHT

IRENE S.



Our resident of the month, Irene is a real firecracker of a woman. She's smart, witty, and always has an answer for everything, which is probably why she was a teacher in the inner city school district for 27 years! She loves to tell jokes, spread happiness, and make light of things. Irene is a very down-to-earth person who is fun to be around, and will always tell it like it is. Irene is a mother of three, and currently proudly dotes on three grandchildren.

## RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!  
Learn more about our Resident of the Month,

Irene S.

on THURSDAY, SEPTEMBER 22 AT 2:45 PM  
WITH LIVE ENTERTAINMENT

Celebrate all of our September Resident Birthdays at our

*Birthday Party*

WITH LIVE ENTERTAINMENT!

THURSDAY,  
SEPTEMBER 15 AT 2:30 PM

### RESIDENT BIRTHDAYS

Doris R.	9/04
Arnold L.	9/07
Carolyn W.	9/15
Karen G.	9/21

### HOLIDAY CELEBRATIONS

9/05	Labor Day
9/11	Grandparents' Day
9/11	Patriot Day
9/16	National Guacamole Day
9/22	Autumn Equinox
9/25	Rosh Hashanah (begins)



### Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Sunday, Monday and Wednesday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (818) 843-8268 today!

### RELIGIOUS SERVICES

Bible Study Club  
Saturday at 2:00 p.m.  
Church Outing on Sundays  
10:00 a.m.  
Shabbat: Friday at 5:00 p.m.

*The Beautician*  
IS IN

SUNDAY  
STARTING  
AT  
9:00 A.M.

PLEASE BOOK  
APPOINTMENTS THROUGH  
OUR CONCIERGE:  
**(818) 843-8268**

# SEPTEMBER *Activities & Events*



## THURSDAY HAPPY HOURS FEATURING LIVE ENTERTAINMENT

Thursdays, 9/01, 08, 15, 22, 29 | 2:45 pm  
Celebrate Thursday afternoons with varying live entertainment, drinks and camaraderie at our Resident Happy Hours.

## COFFEE HOUSE CONCERTS THE LASTING LEGACY OF DISCO

Saturdays, 9/03, 10, 17, 24 | 9:45 am  
Join us for a perfect pairing of caffeine and disco every Saturday morning. Get your day started with dancing, singing, and coffee!



## SUNDAY SPORTS RECAP

Sundays, 9/04, 18 | 2:30 pm  
Let's talk sports every other Sunday with a lively recap of what's going on in the September sporting world, including baseball, NCAA Football, US Open Tennis, and WNBA women's basketball.

## WOMEN'S SUPPORT GROUP

Tuesdays, 9/06, 13, 20, 27 | 2:30 pm  
Ladies are invited to participate in this group focused on female concerns and issues and led by fellow resident Claire. Women are invited to find support, process their life experiences, and share their journeys together.



## RESIDENT COUNCIL MEETING

Thursday, 9/22 - 2:00 pm



“

Life would be so wonderful if we only knew what to do with it.

~ Greta Garbo



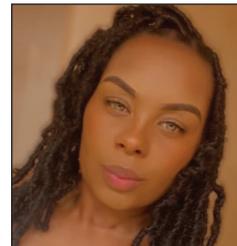
## Lady Thistledown's SOCIETY PAPERS

September 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

*Dear Gentle Reader,*

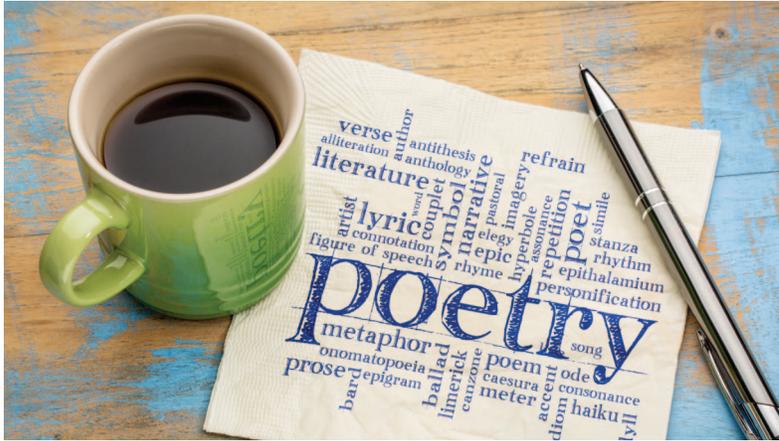
Almost everyone has a sweet tooth, but anyone with access to a mobile phone has probably indulged their virtual sweet tooth as well. One of the most popular mobile games ever created was developed by the son of one our residents. *Candy Crush*, the sixth highest grossing mobile game of all time (it generated \$1.19 billion in 2020!), was the brain child of one of our resident's two very accomplished Reseda sons. One son has a successful career as an Environmental Engineer, while the other sibling has attained true gamer immortality. Famous spin-offs of his game also include *Candy Crush Soda Saga* and *Candy Crush Jelly Saga*. So pick up your mobile phone and take a virtual bite out of this creative computer confection!



**EMPLOYEE OF  
THE MONTH**  
**MONESHA H.  
Concierge**

No introductions are needed for Monesha, because everyone's first encounter with Evergreen is greeted by this very helpful and caring concierge. Monesha loves getting to know all of our residents and their varying personalities (what she calls their "beautiful souls"). She enjoys working with our loving staff as they are very loving with all our residents.

# Thursday Morning Poetry Café



## Thursdays at 9:30 am

September's list of poets up for discussion bring us a several New York poets (Lima - Spanish Harlem, NY; Pritts - Syracuse, NY; Wilbur - New York City, NY), Massachusetts born and United States Poet Laureate (Kunitz), and finally, renown English Romantic poet (Keats). As summer draws to a close, join us as we appreciate this warmest of seasons through the beauty of their poetry.

- 9/01 *Summer (A Love Poem)* by Frank Lima
- 9/08 *Endless Summer* by Nate Pritts
- 9/15 *End of Summer* by Stanley Kunitz
- 9/22 *To Autumn* by John Keats
- 9/22 *The Beautiful Changes* by Richard Wilbur



## Autumn Spice High Tea

Saturday, September 24 at 2:30 pm

Please join us for a pleasant afternoon of High Tea, scrumptious delicacies, and invigorating discussions about all and sundry!

## MAKING Memories that Last!

### HAWAIIAN LUAU



## Wednesday Community Outings

*Join us on some fun adventures!*



### Descanso Picnic

**September 7 at 11:30 am**  
Internationally renowned for its year-round botanical collection and spectacular seasonal horticultural displays, this is a picnic outing you're sure to enjoy!



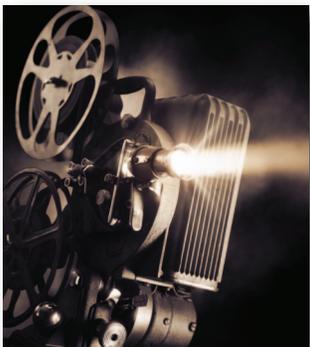
### Lunch at Bea Bea's

**September 14 at 11:30 am**  
Offering creative comfort food, this Burbank family-owned restaurant is sure to hit just the right note with its mouthwatering breakfast and lunch menu.



### Huntington Library & Museum Visit

**September 21 at 12:30 pm**  
Home to both the world-famous Blue Boy and Pinkie paintings, a visit here offers something special for everyone.



### Let's Go To The Movies!

**September 28 at 12:30 pm**  
Nothing can beat a theatrical viewing of a popular movie, so join us for this viewing adventure. Popcorn, anyone?

## Church Outings

*Every Sunday at 10:00 am*

Those who are interested may join us every Sunday at 10:00 a.m. as we visit a local church for their Sunday sermon. Details will be available at the Concierge.



### Spill the Tea! and Discover Everything About Art

Every Tuesday, September 6, 13, 20, 27 at 9:30 am

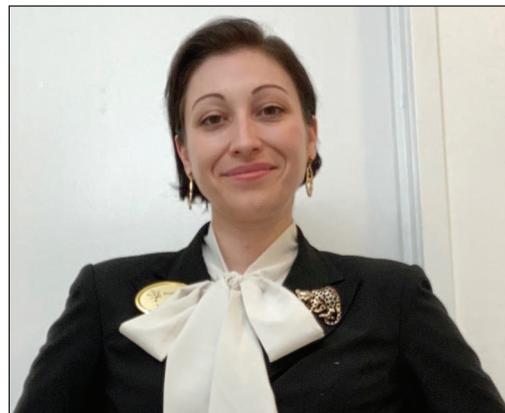
Start your Tuesday mornings off right with a cup of tea and a pedagogic dose of art history.

- 9/06 Renaissance to Baroque Painting
- 9/13 Botticelli, Rodiana, Raphael
- 9/20 Raphael, Pinturicchio, del Sarto, Pontormo
- 9/27 Bronzino, Anguissola, Hals

## Remembering Patriot Day

**SUNDAY, SEPTEMBER 11**

Please join us as we remember this day and the terrible coordinated September 11 attacks on our country. We'll start with a moment of silence at 8:46 a.m., as we acknowledge those whom our nation has lost, followed by a discussion of our memories of that fateful day, and where we were at the time it took place. Patriot Day was proclaimed by President George Bush in the aftermath of 9/11, and was established as a National Day of Prayer and Remembrance for the Victims of the Terrorist Acts on September 11, 2001.



*Executive Director*

## Chat

Thursday,  
9/09  
3:00 pm

# CRAFT

c o r n e r



## Pick Your Scene *Autumn Landscape Canvas & Acrylic Painting Series* Friday, 9/02, 16, 30 at 3:30 pm

Get prepared to create your own special interpretation of a landscape scene using the very easy and versatile acrylic paints.



## Welcome Home! *Rustic Autumn Hanging Door Wreaths*

Friday, 9/09 at 3:30 pm  
Let's welcome the arrival of the Autumn Equinox by bringing it straight to your door! Embrace those beautiful Fall colors by crafting your own wreath to greet your visitors!



## Crafting Pumpkins! *Burlap Pumpkin Fall Harvest Wall Hanging* Friday, 9/23 at 3:30 pm

What represents a Fall Harvest better than a pumpkin? So put your creative hat on and, like making a carriage out of a pumpkin, let's make a pumpkin out of burlap!

## A Focus On Greta Garbo



### *The Face of Garbo*

Greta Garbo was born Greta Lovisa Gustafsson in Stockholm, Sweden, and she yearned to be on stage as early as the age of seven. She came to the U.S. at the urging of Metro-Goldwyn-Mayer, starting out first in silent films, and then, with her low, husky voice and Swedish accent, transitioning very successfully to the talkies. Take part in Garbo's lasting legacy as we embark on a journey of both her life and her films.

### *Mochas and Movie Stars*

9/07 Featured Actress: Greta Garbo Discussion  
9/21 Greta Garbo Trivia

### *Greta Garbo in Film*

#### Thursdays at 5:30 pm

9/07 *Grand Hotel* (1932)  
9/14 *Mata Hari* (1931)  
9/21 *Camille* (1936)  
9/28 *Ninotchka* (1939)

## Grandparent's Day Ice Cream Confectionary

*Sunday, September 11 at 2:30 pm*

Let's celebrate this Grandparents' Day with something sure to satisfy almost everyone - Ice Cream! We'll be featuring a soda fountain-type event, and resident children and grandchildren are all invited to take part in celebrating our wisest family commodities - our grandparents!



HAPPY  
*Grandparents*  
DAY



**HAPPY LABOR DAY**

*Celebrating*  
**Labor Day**

*Monday, September 5*  
*Noon - Labor Day BBQ Lunch*  
*2:15 pm - Rethinking the Meaning of Work Discussion*  
*4:00 pm - Labor Day Trivia Challenge*



APPLE AND HONEY TRIFLE



*Chef Demo*

**TUESDAY  
SEPTEMBER 13**  
3:30 PM

## Ted Talk & Discussions



Every Monday at 2:15 pm

TED Talks are aptly described discussions that began with covering the topics represented by the acronym TED (Technology, Entertainment and Design), and today covers almost every topic from science to global issues.

- 9/05 *Rethinking the Meaning of Work*  
by Juliana Pereira
- 9/12 *The Science of Preserving Sight*  
by Joshua Chu-Tan
- 9/19 *Parkinson's, Depression and the Switch That Might Turn Them Off* - by Andres Lozano
- 9/26 *Why We Should Embrace Aging As An Adventure*  
by Carl Honoré

## Autumn Astronomy

### FALL EQUINOX

Wednesday, September 14 at 9:40 am

Most people know that the Earth spins on a tilted axis as the planet orbits around the Sun. But twice a year, there is no "tilt" and the Earth is not inclined toward or away from the sun. Each of those times arrives with the Fall (autumnal) and Spring (vernal) equinox, the name of which is derived from the Latin words for equal (*aequus*) and night (*nox*). After the Fall equinox, the northern side of the Earth begins to tilt away from the sun, and after the Spring equinox, the earth begins to tilt back towards the sun.

# GRANDPARENTS' DAY

## CROSSWORD

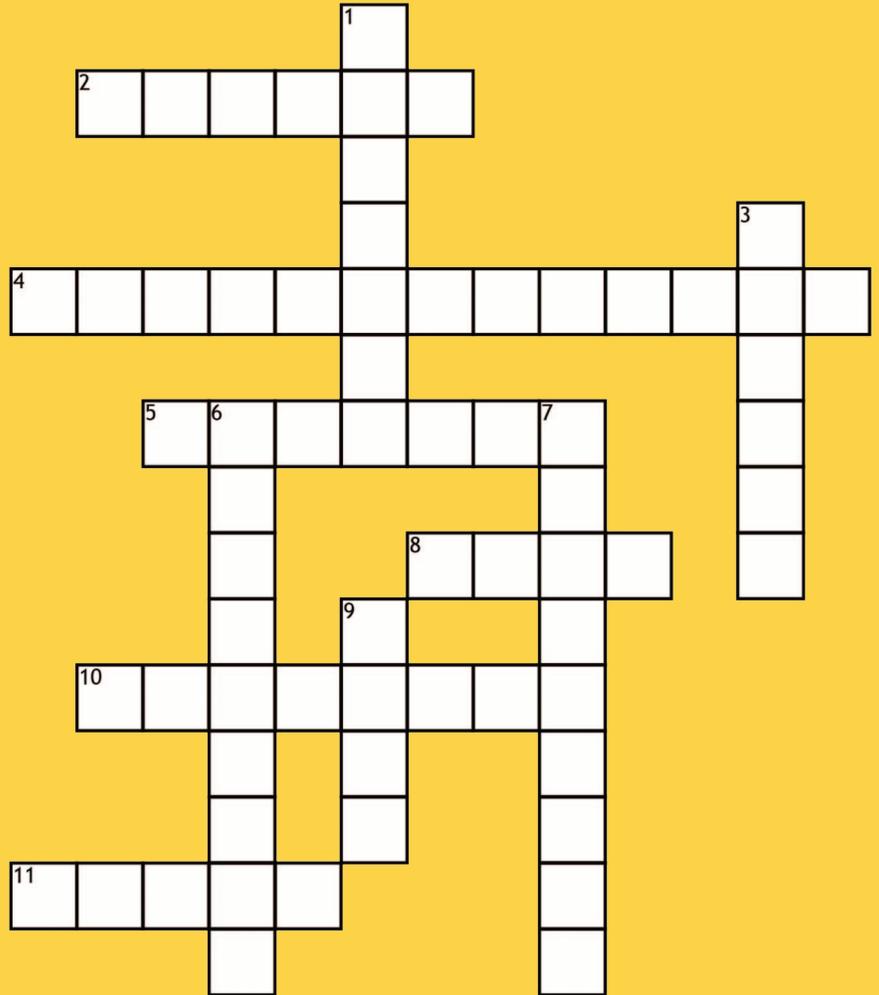
\*Crossword answers will be available at the Concierge on the 15th of the month.

### ACROSS

- 2 What do grandparents often have more of than parents?
- 4 What kind of love do grandparents provide?
- 5 What are grandparents great at telling?
- 10 Something important grandparents offer their grandchildren other than love.
- 11 What can we bestow on our Grandparents on their special day?

### DOWN

- 1 Marian McQuade is considered the \_\_\_\_\_ of Grandparents' Day.
- 3 What President issued the proclamation for National Grandparents' Day?
- 6 Grandparents help teach family culture, history and \_\_\_\_\_.
- 7 In what month do Grandparents have their special holiday?
- 9 What's a four letter name for grandma?



Check out community photos on our social media.



REACH OUT TO OUR  
FAMILY SPECIALIST

*Sheina Oratz*

TO ARRANGE FOR A  
LUNCH TOUR TODAY!

**(818) 843-8268**

#### OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

#### MEET OUR TEAM...

- |                         |                         |
|-------------------------|-------------------------|
| <b>Leana Silva</b>      | Executive Director      |
| <b>Marcia Mckay</b>     | Wellness Director       |
| <b>Mary Jeanty</b>      | Business Office Manager |
| <b>Sheina Oratz</b>     | Family Specialist       |
| <b>Dawna Butala</b>     | Move-In Specialist      |
| <b>Stanley Fletcher</b> | Activity Director       |
| <b>Martha Reyes</b>     | Activities Assistant    |
| <b>Luis Pacheco</b>     | Culinary Director       |
| <b>Angel Martinez</b>   | Dining Room Manager     |

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